**Health Stones 10**

UK Health and Learning Disability Network

For information, queries and to contribute to FPLD health stones contact

Janet Cobb [jcobb@learningdisabilities.org.uk](mailto:jcobb@learningdisabilities.org.uk)  or  [janet@jan-net.co.uk](mailto:janet@jan-net.co.uk)

Please copy me into any replies.

Thanks

Janet

1. **Has anyone has accessible information on Lupus?**

<http://www.nhs.uk/conditions/lupus/Pages/Introduction.aspx>

*Jo Holoway*

[*jojoholoway@googlemail.com*](mailto:jojoholoway@googlemail.com)

1. **Just wondering whether anyone knows of easy read information for moving house?**

*Gerry Baker - Highly Specialist Speech and Language Therapist*

[*Gerry.Baker@oxleas.nhs.uk*](mailto:Gerry.Baker@oxleas.nhs.uk)

1. **Adult Safeguarding supervision policy**

My colleague the adult safe guarding lead is currently developing an adult safe guarding supervision policy and would welcome any support and copies of policies from colleagues - can anyone help?

*Heather Woollard*

[*Heather.Woollard@bhrhospitals.nhs.uk*](mailto:Heather.Woollard@bhrhospitals.nhs.uk)

1. **Use of noise limiting headphones**

I would be interested in hearing from other OTs working with adults with severe autism and learning disability regarding the use of noise limiting headphones. Has anyone successfully used headphones with individuals with hypersensitivity to noise either on their own or in combination with suitable relaxing music through an ipod? In a quick look for research I have found one American case study reported in J of OT Schools, & Early Intervention where favourable results were reported in improving attention on task in an 11 yr old with use of a Peltor Headphone with noise reduction rating to 22dB. I would be interested if there is anecdotal information of the use of these devices in the adult learning disability population the UK and if so how the wearing of the headphones was managed. I would appreciate your assistance in circulating to other LD OTs.

*Eveline Milne*

*Clinical Lead Occupational Therapist*

[*Eveline.Milne@southerntrust.hscni.net*](mailto:Eveline.Milne@southerntrust.hscni.net)

1. **Pam Morris, Nurse Consultant Epilepsy Commissioning Support**

I am an independent Nurse Consultant, my skills are in developing innovative nurse led epilepsy epilepsy services.

I am based in the North West and my business is Epilepsy Commissioning Support

I have commissioning experience and was successful in developing a service specification and business plan for a nurse led epilepsy service in Manchester, in the NHS, this included a nurse led epilepsy clinic, teaching epilepsy awareness and management of the patient in primary care.

I have successfully driven policy initiatives forward, including care planning  and developing guidelines for epilepsy care across a large city and I have audited epilepsy care within general practices (GP surgeries) and been successful in improving QOF

results within a twelve month period, this resulted in seeing a 25% increase in patients that are seizure free and have got their lives back.

I am available for long or short term contracts, and I am willing to travel.

*You can contact me on Facebook, Twitter and Linked in my contact details are 07713608365 and* [*nurseconsultantep@gmail.com*](mailto:nurseconsultantep@gmail.com)

1. **Physiotherapist Available (London based)**

Andrew Blackman who has been working as a LD physiotherapist for the past 4-5 years, both individually and as part of a team of physiotherapists, with excellent references, is available for temporary employment starting the week commencing 22nd June 2014 and looking for a contract for approximately 2-4 months, but this could be negotiable.

Andrew is able to work independently and as part of the wider team to implement not only physiotherapy programs but to assist in the care management of people (especially PMLD service users) individual needs.

Please email Andrew at [andblackman@hotmail.com](mailto:andblackman@hotmail.com)  should you require a physiotherapist and we can discuss your services requirements further.

*Andrew Blackman*

*Learning Disability Physiotherapist*

[*andblackman@hotmail.com*](mailto:andblackman@hotmail.com)

1. **Winterbourne View: The Scandal Continues**

<http://www.challengingbehaviour.org.uk/cbf-articles/latest-news/the-scandal-continues.html>

Three years on from the closure of Winterbourne View, more than 3, 000 vulnerable adults are still at risk

Families of victims of the abuse, and charities, call upon the Government to meet its deadlines for reform

<http://www.telegraph.co.uk/comment/letters/10865903/Three-years-on-from-the-closure-of-Winterbourne-View-more-than-3-000-vulnerable-adults-are-still-at-risk.html>

David Cameron: The Winterbourne View Scandal continues. Take responsibility and take action.

<https://www.change.org/en-GB/petitions/david-cameron-the-winterbourne-view-scandal-continues-take-responsibility-and-take-action/sponsors/new>

Failure to meet deadline: Government breaks promise to people with learning disabilities in units like Winterbourne View

<http://www.challengingbehaviour.org.uk/cbf-articles/latest-news/failure-to-meet-deadline.html>

1. **Cognitive Behaviour Therapy (CBT)**

Please let the network know that this resource is now available for free download.

It is a an adapted manual for individual CBT for people with mild intellectual disabilities and mood disorders.

The study was funded by NIHR RfPB.

<http://www.ucl.ac.uk/psychiatry/researchgroupsareas/cbt>

Manualised Cognitive Behaviour Therapy (CBT) for anxiety and depression in adults with mild intellectual disabilities (ID)

*Angela Hassiotis*

*Reader & Hon Consultant Psychiatrist*

[*Angela.Hassiotis@camden.gov.uk*](mailto:Angela.Hassiotis@camden.gov.uk)

1. **Crossing the Communication Divide**

A toolkit for prison and probation staff working with offenders who experience communication difficulties

<http://www.kentprobation.org/index.php?popup=49>

1. **What do people with learning disabilities from minority ethnic communities want from social care services?**

<http://www.ldhealthnetwork.org.uk/docs/bmess.pdf>

A SSCR-funded study on the views and experiences of people with learning disabilities from black and minority groups by Dr Michael Larkin, University of Birmingham, has developed Tools for Talking.

**Tools for Talking**

<http://toolsfortalking.wordpress.com/>

Primarily for use in social support settings, the Tools provide resources to facilitate communication and information sharing between people with learning disabilities from minority ethnic communities and service providers.

1. **Health and Wellbeing Boards priorities across England**

<http://www.local.gov.uk/health-and-wellbeing-boards/-/journal_content/56/10180/6111055/ARTICLE>

1. **LGO publishes complaints statistics on all English adult social care providers for first time**

<http://www.lgo.org.uk/news/2014/may/lgo-publishes-complaints-statistics-english-adult-social-care-providers-first-time/>

1. **Indirect Payments: Practitioners' Guide**

<http://indirectpayments.org.uk/#introduction>

*InDips App*

The InDips App is a guide for social care practitioners dealing with someone who would benefit from a direct payment but lacks capacity to agree to it. The App allows users to navigate easily between key stages of the 'indirect payments' process and includes handy hints, checklists and case studies.

<https://play.google.com/store/apps/details?id=com.neontribe.indirectpayments>

*Presentation* <http://www.ldhealthnetwork.org.uk/docs/evac.pdf>

The study led by Dr Eva Cyhlarova explored how direct payments are working in practice for people who lack capacity to consent to them and are having them managed on their behalf by someone else. Social care practitioners play a vital role in ensuring that people who lack capacity to make certain decisions about their lives are able to take advantage of the full range of options for receiving care and support, including direct payments. The guide and app are designed to help social care practitioners work through the process of considering an indirect payment as a way of doing this.

Link Eva Cyhlarova

1. **NDTi confirms limited use of Personal Budgets to support disabled people to gain employment**

New research conducted by the National Development Team for Inclusion (NDTi) has confirmed the limited use of social care Personal Budgets to support disabled people to gain or retain paid work and the reasons behind that.

The research, jointly funded by Think Local Act Personal, Remploy, In Control, Wolverhampton City Council, Northamptonshire County Council and NDTi aimed to find out the extent to which people are using social care PBs to purchase support into paid work, and what factors encourage and discourage the use of PBs to help people gain or retain paid work.

A national survey of employment support providers found that only a third of employment support providers had received any income from PBs in the past 18 months and the average number of people using PBs in each organisation was just three. Through the survey and in depth fieldwork in five sites, four clear factors that prevent or discourage greater use of PBs for employment support were identified: low demand from individuals or families; professional attitudes towards employment; the Personal Budget process; and availability of good, evidence-based employment support.

Rich Watts, Programme Lead at the NDTi said:

“Having a job has proven benefits for people, the communities they live in, and for the taxpayer.  The new Care Act recognises this by stating work is a Local Authority well-being outcome. As a result, Local Authorities with social service responsibilities must ensure they focus on employment, and PBs are one way to achieve this.”

In response to the findings from the research, NDTi has highlighted four areas that need attention:

1) Improved information advice and guidance to help increase people and families’ knowledge about and aspiration to achieve work by using PBs.

2) Social workers and local authorities reviewing their approaches so that they recognise and give priority to paid work as an important social work outcome.

3) Social work and PB assessments specifically considering work as an outcome, so that funding is identified for it through the RAS/PB process.

4) Commissioners taking market development action to ensure there are evidence based employment services available for people to buy.

Visit the NDTi website for the full report and recommendations [www.ndti.org.uk/what-we-do/employment-and-paid-work/research-into-the-use-of-personal-budgets-for-employment-support](http://www.ndti.org.uk/what-we-do/employment-and-paid-work/research-into-the-use-of-personal-budgets-for-employment-support)

1. **You First Support Services CIC - Website Launch!**

It is with great pleasure that I am able to announce the launch of the accessible and interactive website for You First Support Services CIC:

[www.youfirstsupportservices.org.uk/](http://www.youfirstsupportservices.org.uk/)

You First Support Services CIC is a Social Enterprise that provides domiciliary and Support Living Services to adults with learning disabilities in Somerset and surrounding counties.

At this site you will be able to:

• Read about the services we provide and the values that underpin our services

• Find up to date information on the Social Enterprise

• Discover what makes us innovative and creative

• Access information around the services we provide

• Download important, accessible and informative materials

• View our on line videos that talk about You First Support Services

• Request services

• Request information

• Provide feedback on You First Support Services

• Read about our latest job vacancies and download an application form

• Discover more about Social Enterprise and Community Interest Companies

I trust that our website will provide a real flavour of our Social Enterprise and will support you to engage with us.

1. **LONDON Community Nurse band 6 Islington Learning  Disabilities Partnership**

An opportunity has arisen for a community nurse band 6 with a MH focus this can either be an RNLD or RMHN

Please see link below for further information and contact details to discuss the post

<https://www.jobs.nhs.uk/xi/vacancy/97370c9e05068fabccabfa58fefad5d9/?vac_ref=913415156>

1. **LONDON Specialist Speech and Language Therapist – Merton Team for People with Learning Disabilities & Complex Needs - Ref: 1569**

Grade/Salary: ME11 /ME12 £30,693 – £34,887 per annum

We are a supportive multi-disciplinary team (health and social care professionals) who are committed to using a person-centred approach to promote a good quality of life for individuals with learning disabilities. Our team has a long history of working well together, and this allows us to deliver an exceptional service to both our customers and their carers. Our team recently passed our CQC inspection. You will work with our customers, their families and carers, providing specialist advice around communication issues especially for clients who challenge services. There will also be opportunities to develop new initiatives.

For more details and to apply please see:

<http://www.speech-language-therapy-jobs.org/jobboard/cands/jobview.asp?v=2333581>

1. **BRISTOL I’m really pleased to let you know that we’re recruiting for a Family Carer Supporter in the Family Carer Support Service.**

Reporting to the Family Carer Support Service Manager and working as part of a small team, you will provide information and support to family carers so that they and their relative with learning disabilities have the information they need to ensure both have well supported, fulfilling lives in their own right.

We want to reach more people using creative communications solutions. You will have knowledge and skills in the building and maintenance of social media sites, as well as using social media to support family carers and raise the profile of issues affecting them.

You will deliver workshops for family carers and volunteers, on topics related to the needs and rights of family carers.

The job requires an individual with drive, enthusiasm and commitment; you will have knowledge of the challenges for families supporting people with a learning disability and be committed to making sure they are able to access services and support available to them.

You will have excellent communication skills, knowledge and experience of engaging with diverse communities, including being able to support family carers who do not speak English as a first language.

The role supports family carers who live throughout the United Kingdom, you will occasionally be required to travel and stay away overnight.

The values that drive you are just as important as your skills and abilities in providing reliable and good quality support to family carers.

Job description, person specification and how to apply: <http://www.hft.org.uk/Get-involved/Jobs/Job-search/Family-Carer-Supporter---Emersons-Green-Bristol/>

If you or anyone you know may be interested and would like to have a chat about the role before applying, please email [rhianon.gale@hft.org.uk](mailto:rhianon.gale@hft.org.uk) or call on 0117 906 1751.

Ideally the successful candidate will be Bristol based, but there may be opportunity for home working.

Closing date 17th June with interviews to be held on 8th July in Bristol.

1. **LONDON Vacancy at RESPOND**

<http://www.respond.org.uk/who-we-are/work-for-us/>

POST             Therapist and Case Manager

HOURS                     35 hours (5 days a week)

SALARY                    £31,067 (FTE)

Respond is a registered charity that has been providing innovative services for children and adults with learning disabilities since 1991. We make a real difference to people by providing effective and flexible support to help people who have experienced abuse or trauma, as well those who have abused others. We improve their lives, through psychotherapy, advocacy, campaigning and other support in a manner that brings about long-term and sustainable change.  We want to help create communities where people with learning disabilities are treated as equals and are equally able to develop meaningful relationships.

We are looking to recruit a dynamic and creative individual with experience of working therapeutically as well as having experience of case management. You will be responsible for helping deliver our therapeutic services. You will need to have good communication skills and be able to effectively engage with a wide variety of professionals.

You will need to:

•           Have experience of managing a complex case load

•           Be an accredited therapist with at least 2 years experience

•           Have experience of working with people with learning disabilities & their families

•           Have a strong interest in psychodynamic psychotherapy

•           Understand the issues of abuse and trauma

•           Be well organised and able to meet deadlines

•           Be committed to Equal Opportunities Practice

Closing Date for applications: 15th June 2014

Interviews W/C: 23/6/15

For more information and an application form please contact:

James Hawkins on 020 7874 5487 or email [admin@respond.org.uk](mailto:admin@respond.org.uk)

1. **Northumbria University, in partnership with the Autism Offending Partnership (AOP) is providing a new range of CPD learning focused upon Autism and Offending behaviour.**

Autism and Offending Behaviour Practice

Accredit your learning whilst you are earning

Part-time (60 credits per year)

<http://www.northumbria.ac.uk/sd/academic/sches/programmes/ed/autismpractice/>

*For further information contact Lucy Currie, Senior Lecturer*

[*lucy.currie@northumbria.ac.uk*](mailto:lucy.currie@northumbria.ac.uk) *or 0191 215 6753*

1. **Linda McEnhill Award 2014**

We are now seeking nominations for the Linda McEnhill award 2014. Please find attached information about the award and the criteria for nomination, plus a nomination form for each of the two categories.

You are invited to nominate a person or team who have made a positive difference to the end of life care for people with learning disabilities. This could be, for example, a clinical development, an educational project, a piece of research, or an example of outstanding support of one or more individuals. Anyone involved in the end of life care for people with learning disabilities can be nominated - you can also nominate yourself.

The winners will receive a free place at the PCPLD Network Conference in Glasgow on 26th November 2014, and the opportunity to promote their achievement through the work of the PCPLD Network. The name of the recipient(s) will be added to the award trophy and the winner will receive a framed certificate.

There are two categories. A winner will be selected for each category:

1. A new development or innovation in care / excellence in overall end of life support for people with learning disabilities
2. Outstanding end of life support of an individual with learning disabilities

Nominations should be received by **19th September 2014**. The nominees will be informed of the judges’ decision by 31st October 2014.

[**http://www.pcpld.org/linda-mcenhill-award/**](http://www.pcpld.org/linda-mcenhill-award/)

Best wishes and we look forward to receiving your nominations.

Karen

on behalf of:  
PCPLD Network

Chair: Dr Irene Tuffrey-Wijne

1. **Bag Books: multi-sensory stories for people with learning disabilities**

Bag Books are currently half way through our Big Lottery funded Tall Stories project, which trains staff working in adult services in multi-sensory storytelling. Our stories are specifically designed for people with profound and multiple learning disabilities, but are also suitable for people with severe learning disabilities or autism.

We have spaces remaining on the project in the South West, East of England, East Midlands, West Midlands, Yorkshire & Humber, the North West, and the North East. If you or your service are interested in taking part please contact Stuart Cummings on 020 76270444 or [stuart@bagbooks.org](mailto:stuart@bagbooks.org)

1. **NEW ZEALAND Donald Beasley Institute.**

<http://www.donaldbeasley.org.nz/resources/publications/health/>

In 1984, a small, dedicated team began conducting research and education in the field of intellectual (learning) disability as a way of generating much needed evidence that could be used to inform and guide research and practice in New Zealand. This initiative has continued to develop over three decades in the form of an independent, not-for-profit research organisation now known as the Donald Beasley Institute. The DBI has remained committed to its original and overarching aim of generating and disseminating evidence that, if applied, has the potential to transform people’s lives in positive ways.

To acknowledge our 30th anniversary we are pleased and excited to launch both a new logo, and a new website, which we hope you will take the time to explore.

*Dr Brigit Mirfin-Veitch and the Donald Beasley Institute Team*

1. **GET PLASTIC OFF MY FACE AND OUT OF MY WATER!**

<http://5gyres.org/how_to_get_involved/campaigns/>

1. **Big up the NHS**

<https://twitter.com/butNHS/status/472853371247132672/photo/1>

1. **Government scores bedroom tax own goal**

<http://www.bevanfoundation.org/blog/government-scores-bedroom-tax-own-goal/>

1. **The National Family Carer Network bulletin, 5 June 2014**

<http://www.ldhealthnetwork.org.uk/docs/fbj.pdf>

1. **New CECOPS Approved Training Courses and Dates**

Courses are now available on all topic areas of the *Code of Practice for Community Equipment:* Commissioning and Governance, Service Provision & Clinical and Professional Responsibilities.

In additional we are now running new CECOPS training courses on the management of disability equipment in Care Homes and Hospices.

All courses are based on the officially recognised Code of Practice for Community Disability Equipment. If you are in any way involved in the commissioning, provision or clinical aspects of community disability equipment, then these courses are for you.

Course Details:

Commissioning and Governance

Service Provision

Clinical and Professional Responsibilities

Management of Disability Equipment in Care Homes and Hospices

To find out more about all our courses please click here: [CECOPS Approved Training Courses](http://www.disabilitynorth.org.uk/ces.html).

The cost to attend is £135 (plus VAT). Please book early to avoid disappointment as places are limited.

For further information, please contact us:

Tel: 0191 2336714 / E-mail: [kevin.wright@disabilitynorth.org.uk](mailto:kevin.wright@disabilitynorth.org.uk)

1. **MANCHESTER Autism and mental health conference - 17 June - last chance to book your place**

The keynote presentation at this conference, organised by the National Autistic Society, will look at the complex relationship between autism and mental health, discussing why differential diagnosis and treatment may be necessary in these cases.

There are also three different seminar streams: diagnosis challenges, adapting treatments and school support.

Our conference will be of interest to health care, education and social work professionals.

Key topics:

• differential diagnosis and treatment

• OCD and autism

• bipolar disorder and autism

• psychological interventions

• combating bullying in schools

• promoting good mental health.

[www.autism.org.uk/conferences/mentalhealth2014](http://www.autism.org.uk/conferences/mentalhealth2014)