



**Unit for Development in Intellectual Disabilities**

**Directorate of Learning Disability Services**

The Unit for Development in Intellectual Disabilities (UDID) and the Special Projects Team (SPT) from Bro Morgannwg NHS Trust present their Joint Annual Conference entitled:

**“PROMOTING THE HEALTH AND WELLBEING OF PEOPLE WITH LEARNING DISABILITIES: OVERCOMING THE OBSTACLES”**



- Length of Conference:** 1 Day Conference
- Date of Conference:** Thursday 13 July 2006 9.15am – 4pm
- Venue:** The Aneurin Bevan Building, School of Care Sciences, Glyntaff Campus, University of Glamorgan, Pontypridd, South Wales
- Conference Themes:**
- a) Identifying the barriers to meeting health needs
  - b) Highlighting areas of good practice in Primary, Secondary and Specialist Healthcare
  - c) Raising awareness of opportunities for service development and provision

The programme will include a keynote presentation from Margaret Flynn, (Senior Lecturer, Sheffield University), who will draw on her family and work experience to outline what matters if we are all to live well into the future. She will highlight key issues, using the findings of a study of the palliative care experiences of adults with learning disabilities and examples of the work of individuals, families and services which strives to ensure better health care for this service user group. Other formal presentations during the morning session will include:

- A joint presentation by Jill Eddlestone (Director of Clear Consultants) and Sian Jones (Principal Speech & Language Therapist) on making health information accessible to people with intellectual disabilities and gaining informed consent
- Peer Health Advocacy Project (Swansea People First)
- A presentation on Multi Sensory Approach to Peritoneal Dialysis Training, Alison Neville
- A joint presentation by Rick Robson (Senior Nurse, Shropshire County PCT) and Ricky Owens (Health Advisor, Valuing People Support Team) entitled 'Who Cares About Health'

Over the lunch break, there will be an opportunity for delegates to record good practice initiatives that they are involved with and / or log a request for information about an area of interest. This information will be posted on the UDID website after the conference. In the afternoon there will be a question and answer session followed by workshops. It is intended that these workshops will focus on a range of subjects including:

1. 'Multimedia Health Information' (Jill Eddlestone and David Brown);
2. 'Oral Health, Does It Matter?' (Janet Griffiths);
3. 'Accessing Generic Mental Health Services' (Dr. Caley Hill & Dr. Nicola Stimpson);
4. 'Sexual Health and Men with Learning Disabilities' (Dr. Paul Wheeler);
5. 'The development of Men's Health groups' (Christian Ellis);
6. Helping People Get the Best Out of Healthcare (TRAC).

Lunch and refreshments are included in the cost of the conference.

**Cost of Conference:** £85 (non UDID members)  
£70 (UDID members)

**For booking form, membership details and further information please contact:**  
**Gareth Ball, UDID Administrator, Room GT7112, School of Care Sciences, University of Glamorgan, Pontypridd, CF37 1DL**

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## "Promoting the Health and Wellbeing of People with Learning Disabilities: Overcoming the Obstacles"

### Programme

- 9.15 *Registration and refreshments*
- 9.45 **Welcome and Introduction**  
Conference Chair: Ruth Northway (Professor of Learning Disability Nursing and Head of UDID)
- 9.55 **Keynote Presentation**  
**"Living Well into the Future"**  
Margaret Flynn - (Senior Lecturer, Sheffield University and Chair of Cartrefi Cymru)
- 10.30 **"Person Centred Consent and Accessible Information"**  
Jill Eddlestone (Director of Clear Consultants) and Sian Jones (Principal Speech and Language Therapist, Bro Morgannwg NHS Trust)
- 11.00 *Refreshments*
- 11.30 **"Peer Health Advocacy Project"**  
Swansea People First
- 11.50 **"Multi Sensory Approach to Peritoneal Dialysis Training"**  
Alison Neville, (Continuous Ambulatory Peritoneal Dialysis Manager, Peritoneal Dialysis Unit University of Wales Hospital Cardiff)
- 12.10 **"Who Cares About Health"**  
Rick Robson (Senior Nurse, Shropshire County PCT) and Ricky Owens (Health Advisor, Valuing People Support Team)
- 12.30 *Lunch (flipchart recording of: good practice initiatives; requests for information)*
- 13.30 Plenary Session - Professor Ruth Northway
- 13.50 Stewards to assist delegates to appropriate rooms for workshops

- 14.00 Workshops
- A. **"Multimedia Health Information"**  
Jill Eddlestone (Director of Clear Consultants) and David Brown (Clear Consultant)
  - B. **"Oral Health, Does It Matter?"**  
Janet Griffiths, (Associate Specialist) University of Wales Dental Hospital
  - C. **"Accessing Generic Mental Health Services"**  
Dr. Caley Hill and Dr. Nicola Stimpson (Clinical Psychologists, Gwent NHS Trust)
  - D. **"Sexual Health and Men with Learning Disabilities"**  
Dr. Paul Wheeler (Senior Lecturer, University of Glamorgan)
  - E. **"The Development of Men's Health groups: the way forward"**  
Christian Ellis (Behaviour Specialist, Bro Morgannwg NHS Trust)
  - F **"Helping People Get the Best Out of Healthcare"**  
TRAC (UDID)
- 15.15 Refreshments
- 15.45 Closing remarks from the Chair

A Blackwell's bookstall will be available during the coffee and lunch breaks