

Modern Learning Disability Services

Courses and Consultancy
from the Foundation
for People with
Learning Disabilities

A 4 day course on current best practice, policy and research

An intensive course for people who want to update their knowledge on learning disability good practice, research and policy in the UK. It has been designed for care managers, health professionals, front line managers, commissioners and those interested in improving their practice and in creating better services. It is also appropriate for staff returning to work and for professionals who are new to learning disability issues.

A minimum of 10 delegates is required for each course. Dates and times are negotiable. The course will be held at the Foundation's headquarters in central London or in situ for a group of staff (subject to negotiation).

Who is running the course?

The course is run by staff from the Foundation for People with Learning Disabilities, as well as a number of external experts. Follow up support and networking will be available on completion of the course.

What will I gain from the course?

Participants will gain substantial knowledge of current policy, research and practice issues. The latest research will be used to provide vital information on health, examples of best practice in person centred working, day opportunities, supported living, and partnership working with self advocates and families.

The course will look at improving services, as well as international examples of good quality. Course participants will take away tools for understanding quality, completing and implementing person centred plans, using a quality framework for supported living and day services, and for achieving good services for all.



For more information
about the course
and how to book,
please contact:

Barbara McIntosh
or **Alison Giraud-**
Saunders

at the Foundation on
020 7803 1100.

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The Foundation for People with Learning Disabilities is part
of the Mental Health Foundation, registered charity no. 801130

Foundation for People
with Learning Disabilities

Course outline

The course is designed to be flexible and will cover the majority of the following topics. The exact curriculum will be agreed in advance with participants.

1) Valuing People, CSIP and Our health, our care, our say

- policy framework and key principles
- key outcomes in implementing Valuing People
- future challenges in policy implementation.

2) Self-directed support and individualised budgets

- key principles of In Control, Direct Payments and the Independent Living Fund
- shifting the culture to funding managed by the individual.

3) Assessing people's needs and using person centred approaches

- key tools to be used in understanding people's needs and achieving outcomes in person centred planning (PCP)
- using Health Action Planning and identifying learning from PCP
- the use of care managers and the use of circles of support.

4) Day opportunities, employment and developing the capacity of the community to include people

- recent examples of best practice and outcomes from research on day opportunities
- community capacity building, employment and micro enterprises – making these a reality back in the workplace.

5) Getting a good place to live

- up to date information on supported living, REACH standards, and best practice in short breaks

6) Making sure we include everyone

- mental health and challenging behaviour
- people with high support needs
- issues of culture and race.

7) Working with families and planning for the future

- issues facing families and appropriate professional responses
- working in collaboration to achieve positive futures
- using the leadership of families to develop services.

8) Autism – key principles in working with people with autism

- resources and support for people who have autism
- person centred approaches.

9) Transition and moving into adulthood

- key principles and examples of good practice
- supporting young people and families to achieve more positive adult lifestyles.

10) Community teams and care managers

- key issues and skills needed by professional staff
- working towards person centred approaches

11) Health and accessing primary and secondary care

- current issues in the delivery of healthcare
- improving the overall health of people with learning disabilities.

12) Research and evaluation

- using research and evaluation to help improve practice
- key skills needed to participate in research and evaluation
- including self advocates and their families in research and evaluation.

13) Leadership for the next decade

- tapping into your own potential as a leader
- preparation of personal development plans.

**The Foundation also offers
tailor made training and
consultancy on each of
these topics. Please contact
us for more details.**



Course fee

£399 + VAT per delegate
(based on delivery at
our London office)