

Supporting People with Autism

Courses and Consultancy
from the Foundation
for People with
Learning Disabilities

An introduction to autistic spectrum disorders

1 day awareness course

This course aims to provide participants with a clearer understanding of how autism affects people. Participants will learn about support strategies to work effectively with people who have autism. The course includes values training and helping staff to work in a person centred way.

We Can Dream! – Developing individualised lifestyles for people with autism

4 day in-depth workshop

This course includes a 1 day awareness course and 3 day intensive workshop on developing individualised lifestyles for people with autism. The course is aimed at people who directly support people with autism, including family carers.

One to one work

Course length dependent on individual needs

We work on a one to one basis with individuals to establish a lifestyle plan for the future, while aiming to develop an inclusive community. We also work with the team supporting the person and their family, offering mentoring to establish more person centred working practices. We support the individual and family members to develop a circle of support that will help the person's life stay rooted in their community.



For more information
about the courses
and how to book,
please contact:

**Molly Mattingly,
Jill Davies
or Christine Burke**
at the Foundation on
020 7803 1100

**We also offer a range
of Person Centred
courses which are all
applicable to people
with autism.**

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The Foundation for People with Learning Disabilities is part
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**Foundation for People
with Learning Disabilities**