East London NHS
NHS Foundation Trust

Forensic Services

Secure Inpatient Service for People with Learning Disability

East London NHS Foundation Trust provides a high quality secure inpatient service for men with learning disability. Woodbury Ward is based at Wolfson House which is our low secure Recovery Unit. The Trust has a long established reputation for excellent health care and has well established community services for people with learning disability.

The service is intended for individuals who as a result of their disability may have been involved in offending or significantly challenging behaviours.

Woodbury Ward has 12 beds and delivers high quality care for men with mild and moderate learning disability who need care and support under the Mental Health Act in a secure setting.

It is a bright modern therapeutic environment which provides individualised care and activities to help service users develop the skills and confidence to live independently.

Each service user has their own en-suite room for which they have their own key. The ward provides excellent amenities to support progress towards independent living. These include: a domestic kitchen, laundry facilities, ample space for social activities and a garden. Wolfson House has a good range of therapeutic and recreational spaces which includes a multi-gym, a shop and a multi-faith room.

We are conveniently placed for major public transport links and are near a large park and local shops – all of which service users can enjoy initially with staff and, as they progress, on their own.

Therapeutic Approach

The emphasis at Wolfson House is on recovery and active rehabilitation. We involve families and support individuals to integrate within society and address offending behaviour through treatment programmes tailored to individual needs.

The aim is for service users to develop their skills, abilities and confidence to move on to the next stage of their lives and be able to live independently.

Individuals can be referred if they have a learning disability and their offending or challenging behaviour can not be managed in other settings.

This is the only inner London NHS Forensic Learning Disability Service which means we are the nearest secure learning disability unit for families based in London.

The length of stay on Woodbury Ward varies considerably between service users, but for new admissions, one to two years is the average length of stay. It can vary depending on the needs and progress of individual service users.

Discharge is considered for service users who have had successful unescorted leave and can be managed in the community with support. Community team involvement is essential. Outcome measures such as HoNOS-LD are employed to gauge risk to the individual and others.

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As an NHS organisation, the service meets all statutory and clinical standards. The key performance indicators for our services are the Care Quality Commission Reviews and Self-Appraisal tools such as the Greenlight toolkit.

This is in addition to a number of individualised outcome measurements which form an integral part of the service. A culturally competent workforce and person-centred planning is core to the service delivery needed.

For More Information or to Make a Referral

We offer a competitive rate and a high quality service. To discuss bed availability, clinical support and financial arrangements please contact the Referrals Manager on 0208 510 2159 / 07961 230077.

We are happy to receive referrals from Psychiatrists, NHS Commissioners, other NHS Services, independent providers or from prison healthcare services.

You can also visit our website: *http://forensic-services.eastlondon.nhs.uk*