

Macmillan Cancer Support, St Nicholas Hospice Care, St Elizabeth Hospice and Ipswich Hospital Family Support invite you to:

# The Family Matters Study Day

For healthcare professionals who want to make a difference to the families they support

**Thursday, January 15 2009 between 9.00am - 4.30pm at BT Offices Conference Centre, Martlesham, Ipswich, Suffolk IP5 3RE. Cost: £10**

**The Family Matters day is intended to provide all participants with the following learning outcomes:**

- Understanding of the importance of including children in planning for their needs both during and after a parent's illness.
- Increased knowledge and awareness of Family Law and its application where a parent has a life threatening illness.

**In addition, through the workshops, participants will have an opportunity to explore two of the following outcomes:**

1. Resources to use when talking to children
  - Knowledge of some practical ideas and resources to use when working with children
2. Involving children in the journey – working with families
  - Understanding of some techniques to use in practice when talking to families and helping them involve children
3. Application of Family Law – chance to discuss live cases
  - How to work with parents, to help them access the right legal and advice services and resources to ensure their children's welfare is attended to.
4. Caring for yourself – professional boundaries
  - Acknowledge the importance of caring for yourself as a professional, recognising triggers for stress and how to manage personal and professional boundaries.
5. The pressures of parenting alone – how professionals can help
  - Understanding the difficulties and consequences of becoming a bereaved lone parent, the potential risks to children and how to respond, including signs and indicators of neglect and abuse and what action to take if a child is considered to be at risk.

**RSVP with booking slip and payment by Friday, December 18<sup>th</sup>**

**Programme**

TIME	TOPIC	SPEAKER/FACILITATOR
9 - 9.30	Registration	
9.30	Introduction to the day	Maddy Bass, Chair
9.45	<b>Keynote : As big as it gets – “How do I tell the children?”</b> Outlining why it is important to consider the needs of children, our responsibility as professionals to help families cope with this, some of the challenges.	Julie Stokes, Winston’s Wish
10.30	<b>COFFEE</b>	
11.00	Family Law highlights	Catherine Polli, Solicitor and Partner, Pinney Rogers
12.00	Personal experience of a parent	TBC
12.20	Introducing the resources stands, websites, and information to be available at lunchtime	Dawn Cook
12.30	<b>LUNCH</b> , with option to look at websites, resources and stands	Dawn Cook
1.15 and 2.15	<b>Workshops:</b> Workshop 2 will run for the full 2 hours. Others to run concurrently twice (55 mins each with 5 mins to change rooms) 1. Resources to use when talking to children 2. Involving children in the journey – working with families ( <b>2 HOURS</b> ) 3. Application of Family Law – a chance to discuss real life cases 4. Caring for yourself – professional boundaries  5. The pressures of parenting alone – how professionals can help	Yvonne Holman Julie Stokes Catherine Polli Glynis Overett and Bridget Wiseman Tina Wilson and Hilary Wilson
3.30	Personal experience of a child who has lost a parent	TBC
4.00	Closing remarks	Maddy Bass
4.30	End	

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**RETURN SLIP**

**I would like to attend the “Family Matters” educational event on January 15 2009.**

My name is:

My job title is:

My contact details are (telephone / mobile / e-mail)

Postal Address **N.B. this will be needed in order to send you a pass to get into the BT site**

My three choices of workshop are: (in order of preference: your first two choices will be accommodated where possible, however allocation is on first come, first served basis):

1.

2.

3.

Please state any special dietary requirements:

Please return your slip WITH PAYMENT (cheques made payable to St Elizabeth Hospice) as places will not be reserved unless payment is included:

Vanessa Clouting, Education Centre, St Elizabeth Hospice, 565 Foxhall Road, Ipswich, Suffolk, IP3 8LX

**All bookings will be confirmed: please ensure contact details are clearly written. Thank you**