

What the programme addresses

- Places the service user and informal caring support networks at the centre of the assessment and care planning processes.
- Presents theoretical & operational aspects of risk management, balancing the need for therapeutic risk-taking with the need to minimise negative outcomes for service users, informal &/or professional carers.
- Enables participants to assess and manage risks within the care planning process in order to promote 'defensible decisions'.
- Supports an open exploration of equality and diversity issues and how the profile of gender, culture and social networks contribute to a fuller understanding of behaviour, recovery and risks.
- Considers the needs of teams, services and organisations to be confident in their management of risk.
- Meets the requirements of current national health and social care policy.

How is the training delivered?

Using a range of interactive techniques and case study material, we support participants to build upon, expand their knowledge and confidence about how risks are assessed and managed; and how to develop and distinguish crisis from contingency plans. This is done to redress risk aversion, a pernicious theme within health and social care settings. We enable participants the opportunity to work through the entire Care planning process, balancing risk with recovery.

Integritas

*Applying integrity, experience
and learning in partnership*

Programme Facilitators:

Wendy Silberman: An independent management consultant with over 30 years experience working with children and families, adolescents and adults in health, social care and the voluntary sector.

Robert J. Nisbet: An independent social worker and legal advocate, he has worked within child care, learning disability, offender management and mental health services.

Training Programme Accredited for
Continuous Professional Development by:



Risk Assessment and Risk Management Training



**Interactive training for
Practitioners, Clinicians,
Service Users and Carers
working with vulnerable
adults and young people.
Presented to health, social
care, the voluntary or
independent sectors and
offender management
services.**

Integritas

Welcome to our Risk Assessment and Risk Management Training

Working with people who pose significant risks to themselves or others is one of the most important and challenging dynamics that face services users, carers and a range of different professionals. Understandably, it causes concern for individuals, families and communities.

This training examines personal beliefs and definitions about risk and blends these with lessons learned from inquiry reports, governmental studies, policy initiatives and 'best practice'.

What will Participants Achieve?

At the end of the training participants will be able to:

- ✓ Appreciate the 'must do' of involving the service user and carers or significant others in the assessment and delivery of the care plan.
- ✓ Produce holistic care plans that promote social inclusion and recovery.
- ✓ Translate risk assessment into pragmatic risk management plans, including crisis and contingency plans.
- ✓ Gain greater knowledge of supporting policies and procedures involved.
- ✓ Undertake a diagnostic on how risky their teams or services are; and what they can do to improve the delivery of effective risk management.

Example Programme – Day One

- Welcome and introductions.
- The context of risk assessment (overview of Government Policy & Enquiry reports, both local and national).
- Personal beliefs about risk.
- Risk Assessment: What does a thorough Risk Assessment contain?
- Translating risk assessments into risk management plans, helpful 'tools'.
- Case Studies and feedback.
- What do our professional Codes of Conduct say about enabling or preventing risks?
- What is 'Robust' CPA (for mental health audiences).
- The Kim Kirkman Enquiry.
- Close of day and introduction to day two.

Lunch and comfort breaks are scheduled in throughout the programme.

Day Two

- Thoughts from yesterday.
- Crisis and contingency planning.
- Risk in an Organisational Context, collective responsibility in managing risk in teams and services, plus exercise.
- Local Risk assessment processes and forms.
- Case studies that enable the exploration of risks and needs.
- Risk assessment and Care Planning role-play/simulation exercise.
- Revisiting personal beliefs about risk and avenues for support in doing this work.
- Evaluations, information pack, close.

Programme History and Evaluations

Wendy and Robert have delivered Risk Assessment and Risk Management Training to multi-professional audiences in Yorkshire, the East and West Midlands over the past 4 years. They will be presenting this training throughout England and have worked with over 1500 professionals, including Consultant Psychiatrists, Consultant Psychologists, Approved Social Workers, social care staff, Nurses, Occupational Therapists, Probation Officers, Police, Prison In-reach and support workers of every caliber. Audiences have also included service users, professional carers and a range of different voluntary sector providers. Comments received from participants in evaluating this training include:

"Couldn't all training be run like this?"

"Undoubtedly the best risk management course I have attended." "I would recommend this course to colleagues."

"Teaching methods were excellent and kept my attention. Best course attended in 9 years training!"

"A very enjoyable two days – I have found the content invaluable".

"Well paced, interesting, one of the best training programmes I have ever attended. It's really well put together. Thank-you!"



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