

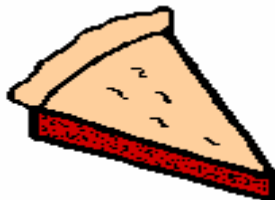
Food and drink high in fat and sugar



fried foods



crisps



pastry



chips



sweet biscuits



sugary drinks



sweets



cake

PCS used with permission of Mayer-Johnson Inc. © 1981-2008. All rights reserved worldwide
With thanks to Diabetes UK store tour for use of their sugary drinks symbol

Community Dietitians
Bristol NHS Primary Care Trust
New Friends Hall, Heath House Lane, Stapleton, Bristol BS16 1EQ
Tel 0117 9585666