

Macmillan Cancer Support, St Nicholas Hospice Care, St Elizabeth Hospice
and Ipswich Hospital Family Support invites you to:

The Family Matters Study Day

For healthcare professionals who want to make a difference to the
families they support

Thursday, 15th January 2009, 9.00am - 4.30pm

**BT Offices Conference Centre, Martlesham,
Ipswich, Suffolk IP5 3RE.**

Cost: £10

The Family Matters day is intended to provide all participants with the following learning outcomes:

- Understanding of the importance of including children in planning for their needs both during and after a parent's illness.
- Increased knowledge and awareness of Family Law and its application where a parent has a life threatening illness.

In addition, through the workshops, participants will have an opportunity to explore two of the following outcomes:

1. Resources to use when talking to children
 - Knowledge of some practical ideas and resources to use when working with children
2. Involving children in the journey – working with families
 - Understanding of some techniques to use in practice when talking to families and helping them involve children
3. Application of Family Law – chance to discuss live cases
 - How to work with parents, to help them access the right legal and advice services and resources to ensure their children's welfare is attended to.
4. Caring for yourself – professional boundaries
 - Acknowledge the importance of caring for yourself as a professional, recognising triggers for stress and how to manage personal and professional boundaries.
5. The pressures of parenting alone – how professionals can help
 - Understanding the difficulties and consequences of becoming a bereaved lone parent, the potential risks to children and how to respond, including signs and indicators of neglect and abuse and what action to take if a child is considered to be at risk.

RSVP with booking slip and payment by Friday, 18th December 2008

*striving for
excellence*

**St Nicholas
Hospice Care**

A Registered Charity No. 287773

**WE ARE
MACMILLAN.
CANCER SUPPORT**

Programme

TIME	TOPIC	SPEAKER/FACILITATOR
9 - 9.30	Registration	
9.30	Introduction to the day	Maddy Bass, Chair
9.45	Keynote: As big as it gets – “How do I tell the children?” Outlining why it is important to consider the needs of children, our responsibility as professionals to help families cope with this, some of the challenges.	Julie Stokes, Winston’s Wish
10.30	COFFEE	
11.00	Family Law highlights	Catherine Polli, Solicitor and Partner, Pinney Rogers
12.00	Personal experience of a parent	TBC
12.20	Introducing the resources stands, websites, and information to be available at lunchtime	Dawn Cook
12.30	LUNCH , with option to look at websites, resources and stands	Dawn Cook
1.15 and 2.15	Workshops: Workshop 2 will run for the full 2 hours. Others to run concurrently twice (55 mins each with 5 mins to change rooms) 1. Resources to use when talking to children 2. Involving children in the journey – working with families (2 HOURS) 3. Application of Family Law – a chance to discuss real life cases 4. Caring for yourself – professional boundaries 5. The pressures of parenting alone – how professionals can help	Yvonne Holman Julie Stokes Catherine Polli Glynis Overett and Bridget Wiseman Tina Wilson and Hilary Wilson
3.30	Personal experience of a child who has lost a parent	TBC
4.00	Closing remarks	Maddy Bass
4.30	End	

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RETURN SLIP

I would like to attend the “Family Matters” study day on 15th January 2009.

Name:

Job title:

My contact details are (telephone / mobile / e-mail)

Full Postal Address **N.B. this will be needed in order to send you a pass to access the BT site (please print clearly)**

My three choices of workshop are: (in order of preference: your first two choices will be accommodated where possible, however allocation is on first come, first served basis):

- 1.
- 2.
- 3.

Please state any special dietary requirements:

Please return your slip WITH PAYMENT (cheques made payable to St Elizabeth Hospice) as places will not be reserved unless payment is included:

Vanessa Clouting, Education Centre, St Elizabeth Hospice, 565 Foxhall Road, Ipswich, Suffolk, IP3 8LX
All bookings will be confirmed: please ensure contact details are clearly written. Thank you