

**STOP PRESS**



The Elfrida Society, 34 Islington Park Street,  
London N1 1PX Tel: 020 7359 7443  
email: [elfrida@elfrida.com](mailto:elfrida@elfrida.com)

[www.communityliving.co.uk](http://www.communityliving.co.uk)

## **The person who has most inspired me**

**Entries are invited for:**

### **THE DAVID BRANDON ESSAY COMPETITION**

**A prize of £1,000 will be awarded to the winner**

Deadline for entries: 7 February 2011

Further details will be in the Winter edition of *Community Living*;  
the winner will be announced in the Spring edition.

This competition is in memory of *Community Living's* first editor who died in 2001 and whose ideas inspired the editorial principles on which this magazine is based.

The competition is open to everyone – people with learning difficulties, carers and those studying or working in learning difficulties.

The theme of the essay is the person who has most inspired you. Entries should be between 3,000 and 3,500 words.

David Brandon was an outspoken advocate for the rights of people with learning difficulties. Among his many publications were two in association with *Community Living* – *Putting People First: a handbook on the practical application of ordinary living principles*, and *Mutual Respect: therapeutic approaches to working with people who have learning difficulties*. His most famous work, *Zen in the art of helping*, has had a profound influence on many in the caring professions. For more about David's work go to:

[http://www.infed.org/thinkers/david\\_brandon\\_zen\\_helping.htm](http://www.infed.org/thinkers/david_brandon_zen_helping.htm)

More information from the Editor:

[elinor.harbridge@virgin.net](mailto:elinor.harbridge@virgin.net) tel. 01643 841101