

# Improving health and wellbeing with people with learning disabilities



# What is this module about?

## Content:

- The module focuses on the health needs of people with learning disabilities across all ages.
- The policy context within which services are delivered is explored with specific emphasis on policy impacting on the lives of people with learning disabilities.



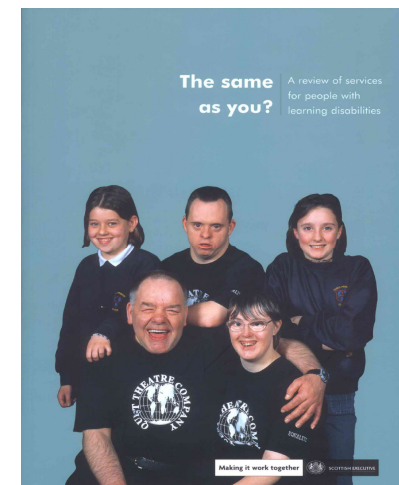
# What was the incentive to develop this module?

## The changing policy context:

- Promoting social inclusion
- Challenge discrimination and poor practice
- Improving health to enable ordinary lives
- Improve practice and knowledge
- Developing partnership working and care

HM Government

Valuing People Now  
"Making it happen for everyone"  
Impact Assessment Report



## Who is this module for?

Both registered and non registered practitioners:

- **Medicine:** GPs, Practice Nurses, Reception staff, Liaison services, acute hospital services.
- **Psychology** – clinical and educational.
- **Administrative staff** – clinics, hospital and general practice areas.
- **Allied Health Professionals:** OT, Physiotherapy, SLT, Dietetics, Sensory sciences, Music therapy.

## Who is this module for?

Both registered and non registered practitioners:

- **Families and Carers:** respite, paid and unpaid, private and voluntary sectors
- **Nursing** : adult, mental health, learning disability and child health.
- **Social Work:** child and families, adult protection, residential, respite, homecare.
- **Education:** pre school, primary and secondary levels.

## What does this module aim to do?

### Students will be enabled to:

- Develop anti discriminatory and inclusive approaches through reflection
- Explore the evidence base of the different health profile and needs of people with learning disabilities
- Develop and critical reflect on health improvement initiatives

# What will I learn?

On successful completion of the module you will be able to:

- Identify the evidence of the health profile and needs of people with learning disabilities across the lifespan.
- Develop & evaluate activities aimed at improving health and wellbeing
- Demonstrate an awareness of the ethical and legal frameworks that apply to improving the health of people with learning disabilities.

# What will I learn?

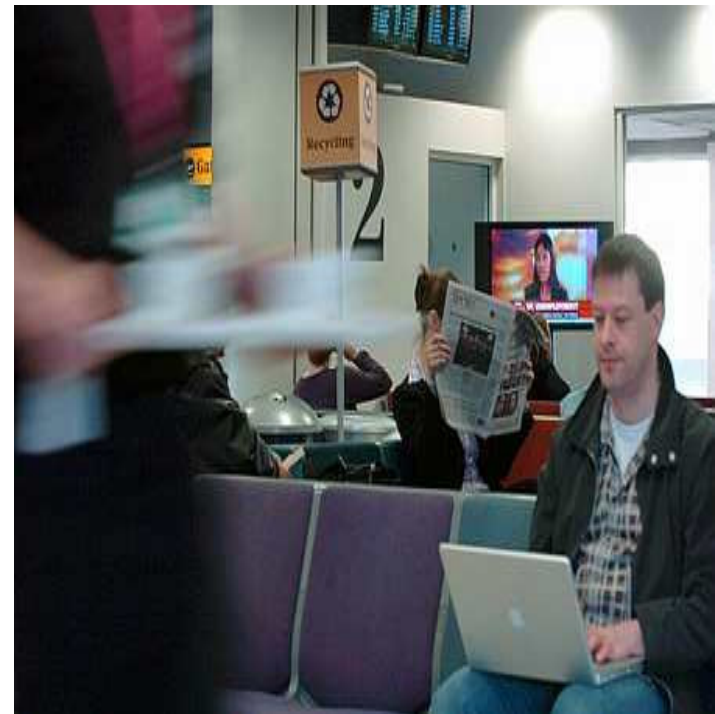
- Reflect on roles and responsibilities of the individual practitioner within the context of the multidisciplinary practice to improve health and wellbeing.
- Develop and apply appropriate health improvement approaches to enhance health and quality of life.
- Review the impact of interventions on the health and wellbeing of people with learning disabilities.

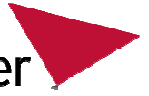


# How will this be delivered?

## Flexible delivery approach:

- E learning approaches
- Work based learning
- Problem based learning
- Optional Face to face delivery





# How will this be assessed?

## **Formative assessment:**

- On going assessment through discussion boards, peer review and self assessment.

## **Summative assessment:**

- There is a final assessment at the end of the module that attracts academic credit that can be used towards a degree outcome or to evidence knowledge and skills development through CPD.

# How will this module contribute to my career?

## Stand alone module:

- If you don't want to do anymore you don't have to!
- The module can contribute to a degree award.
- CPD
- Personal growth and development



# What next?

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