

Hello everyone

Well, it feels like the thaw might at last be happening I notice we still have traces of the snow but we also have a few snowdrops and primroses braving the cold so hopefully as sign that spring is not too far away!

It's been a busy time over the last couple of months with the publications of several key policy documents such as the new Government Strategy for Mental Health – New Horizons and the new NHS Operating Framework. Both documents continue the central themes of providing high quality, innovative, person centred care. Whilst not impossible, I guess it's going to take all our effort and imagination to achieve this whilst operating within such a turbulent financial climate. To support commissioners and providers around this area we are offering a range of new programmes and workshops starting in the spring further details of which will be on a website in the next few weeks

Best wishes
Debra



www.debramooreassociates.com

Good Learning Disability Partnership Boards



Dignity for Healthcare for People with Learning Disabilities

The Royal College of Nursing have launched a publication which aims to improve dignity in health care for people with learning disabilities. Whilst it is designed primarily to support the nursing workforce, other health care and social care staff may also find it a useful resource.

This guidance focuses on the experiences of people with learning disabilities, areas for improvement in relation to dignity, practical ideas on what nurses can do to improve dignity and sources of further information and support. It also includes information relating to the particular health needs that people with learning disabilities may have, and provides guidance on working in collaboration with other service providers.

You can download this document at: www.rcn.org.uk/publications

Dignity Action Day is to be held on February 25th is organised and supported by the Dignity in Care Campaign and its stakeholder members and asks everybody to give the gift of time on this day and gives everyone the opportunity to contribute to upholding people's rights to dignity.

To find out how you can get involved and contribute to Dignity Action Day visit:

www.dhcarenetworks.org.uk/dignityincare/DAD

Making it happen for everyone

The Valuing People Now Team have published guidance for Partnership Boards including supporting them to implement the National Carers Strategy.

Find it at
www.valuingpeople.gov.uk/dynamic/valuingpeople365.jsp

Forthcoming National Events/Workshops

Person centred care planning workshop

23rd June 2010 - York

£80+vat

This workshop is aimed at frontline practitioners and managers and will explore and share ideas and tools to support the development of person centred care plans. In particular, care planning for people with complex needs and in those in 'in-patient' and secure hospital services.

Y&H Region LD Nurses Community of Practice

Next meeting: 6th May
Scarborough 10.30 – 3

Free to all LD nurses and students

To book a place contact

elaine@debramooreassociates.com



Leadership in Learning Disability Nursing – *Leading for Outcomes*

22nd September 2010

Riverside Conference Centre – Derby

This event will focus on the leadership role of learning disability nurses in achieving outcomes for people with learning disabilities and their families.

Speakers include

- Ben Thomas - Director of Mental Health & Learning Disability Nursing Professional Leadership Team
Department of Health
- Anne Norman – RCN Adviser- LD nursing (UK)
- Dr Michael Brown Nurse Consultant & Lecturer – NHS Lothian
- Rick Robson - South Staffordshire and Shropshire Healthcare NHS Foundation Trust & Chair of the Access to Acute Hospital (A2A) Network
- Helen Laverty – University of Nottingham & 'Positive Choices' Network

The day is designed to be interactive and we are calling on nurses in a range of roles including commissioning, management, clinical and social care to come and share their work. We will be providing opportunity for a Market Place and 'world café' style discussions.

If you would like a stand in the Market Place or would like to display a poster presentation please contact us on info@debramooreassociates.com

Cost per delegate

Places for the event cost £65 + vat per delegate – group booking discounts are available.

There will be limited free places for student nurses.

We expect a high demand for places so early booking is advised.

To book a place please email elaine@debramooreassociates.com

Journal of Learning Disabilities and Offending Behaviour

This unique new Journal is concerned with the care and treatment of people with learning disabilities who are involved (or in danger of becoming involved) with the criminal justice or forensic health systems.

Save 20% on a two year subscription

www.ldoffenders.co.uk/conferences/9thCon2010/JLDOB%20flyerr.pdf

Person centred approached in secure hospital setting

Delivering person centred care in secure services presents particular challenges and tensions for frontline staff and managers.

This 3 day programme is designed to support such services to create the conditions for a person centered approach to flourish and to consider the tools and technologies that can help 'humanise' and enhance clinical assessments and care planning.

For more details contact: debra@debramooreassociates.com

From Policy to Practice 2

York 9th June
London 30th June



We are running an updated 'mark 2' version of our popular 'Policy to Practice' workshops that were first run in 2008.

This year's workshops will focus on the content and impact of recent policies relating to the **care and treatment of people with mental health problems and/or challenging behaviour including offenders**

This participative workshop will be facilitated by Debra Moore

Aims of the workshop

Providing opportunity to

- Increase understanding of the policy context and in particular current mental health policy 'New Horizons' and guidance relating to offenders such as the 'Bradley Review' and the delivery plan 'Improving Health, Supporting Justice'
- To consider the impact current health and social care policies in relation to the role and function of learning disability services now and in the future including mechanisms such as personal health budgets.
- Network and share practice, problems and priorities.

Who should attend?

Commissioners, providers and practitioners and students who work in specialist learning disability services, mental health services or the criminal justice system.

Cost per delegate £90 + vat – Group discounts available

For more details or to book a place email info@debramooreassociates.com

Workshops that can be delivered to your workplace or local area

Improving Health & Wellbeing

People with Learning Disabilities are at greater risk of experiencing poor physical and mental health.

Debra Moore Associates offer a range of opportunities to support commissioners and providers of health services alongside people with learning disabilities and their families.

Health Facilitation & Health Action Planning

This is a 1 day introduction to the fundamentals of health action planning and health facilitation.

Cost: for 15-20 participants £690+vat & expenses.

Supporting the health of offenders with learning disabilities

A practical workshop to look at the health needs of offenders with learning disabilities and how to support individuals to develop and maintain healthier lifestyles using health action plans.

Cost: for up to 25 participants £800+vat & expenses

Supporting the health of people with autism

This is a 1 day workshop to enable participants to gain a basic awareness and understanding of the needs of people with autism and aspergers syndrome with a specific focus on health.

Cost: for up to 25 participants £700+vat & expenses

Supporting localities with the health agenda

Bespoke Training and Support

Our team of associates have wide ranging experience of commissioning and delivering health services. We are able to support localities with a range of activities in mainstream and specialist health services including clinical and service reviews.

For more information please visit www.debramooreassociates.com or email info@debramooreassociates.com.

Prices for larger groups available on request.

New Horizons

New Horizons is a cross-government programme of action with the aims to both improve the mental health and well-being of the populations and improve the quality and accessibility of services for people with poor mental health.

The document published in December 2009 summarises the feedback from the consultation as well as identifying key areas and setting out next steps.



World Class Commissioning for Learning Disabilities

This document has been published to help support the delivery of Valuing People Now.

It is designed to support PCT's, with local authorities and Learning Disability Partnership Boards, in commissioning general health services in ways that achieve better health outcomes for people with learning disabilities.



Follow up of Specialist Inpatient Audit



From September 2008 to January 2009 CQC inspected 43 NHS and independent healthcare services and asked them to tell how they would improve their services following CQC's recommendations.

They found that services for people with learning disabilities was mixed. CQC's regulatory work since these inspections took place has shown that progress has been made.

Find the study and their 5 year plan at:

www.cqc.org.uk

Supporting Community Learning Disability Teams

In November 2009 Debra Moore Associates undertook a national survey to increase awareness and understanding of the work of CTLD's. We had an unexpectedly high response (509!) which was brilliant and we are very grateful to all those who took the time to participate but it does mean that we have a lot more data to analyse. We are particularly grateful to Janet Cobb who helped us to reach people through her health networks www.jan-net.co.uk

Some of the early emergent themes from the survey have raised some interesting issues that have generated more discussion in the field. We have therefore decided to sponsor an electronic Community of Practice for CTLD's to continue the conversations, to help us to get some of the 'narrative' around the emergent themes such as care management and share good practice. The Community of Practice is free to join and is accessed through our website www.debramooreassociates.com.

Adult Autism Strategy



This is an overarching report of findings from the *Adult Autism Strategy* consultation activities which was launched in December 2009, prepared for the COI and Department of Health by Opinion Leader.

The consultation's overall aim of the strategy is to support adults with an ASC to live life as full and equal citizens. This report provides key actions in order to achieve this aim.

Six Lives' – Letters to SHA & LA's



The Parliamentary and Health Services Ombudsman's report, 'Six Lives', highlighted failings in health and social care services that led to premature and avoidable deaths of people with learning disabilities.

Letters from David Behan and Anne Williams published in January to SHA chief executives and Directors of Adult Social Services set out the action needed to respond to the recommendations set out in the 'Six Lives' report.

See these letters by visiting:

www.dh.gov.uk/en/Publicationsandstatistics/Lettersandcirculars/Dearcolleagueletters/DH_111562

Dementia and People with Learning Disabilities



The British Psychological Society



The British Psychological Society and RCP have written this report to enable those working in clinical and social care services to improve the quality of life of people with learning disabilities who develop dementia.

Visit www.rcpsych.ac.uk for the full report

