

Improving Health and Wellbeing

People with learning disabilities are at greater risk of experiencing poor physical and mental health. Debra Moore Associates offer a range of opportunities to support commissioners and providers of health services alongside people with learning disabilities and their families



For more information visit: www.debramooreassociates.com

Improving Health and Wellbeing

Health Facilitation & Health Action Planning

Content

This is a 1 day introduction to the fundamentals of health action planning and health facilitation.

Participants will be introduced to useful tools and techniques as well as provided with information about the general health needs of people with learning disabilities

Cost

For 15-20 participants £690+ vat & expenses
Prices for larger groups on request

Supporting the health of offenders with learning disabilities

Content

A practical workshop to look at the health needs of offenders with learning disabilities and how to support individuals to develop and maintain healthier lifestyles using health action plans.

Content includes advice on screening and consideration of issues such as substance misuse and self harm.

Cost

For up to 25 participants £800 + vat & expenses
Prices for larger groups on request

Supporting the health of people with autism

Content

This is a 1 day workshop to enable participants to gain a basic awareness and understanding of the needs of people with autism and aspergers syndrome with a specific focus on health

The programme covers issues to consider when supporting the health needs of this group including communication, sensory needs and behavioural support.

Cost

For up to 25 participants £700 + vat & expenses
Prices for larger groups on request

Supporting localities with the health agenda

Bespoke training and support

Our team of associates have wide ranging experience of commissioning and delivering health services. We are able to support localities with a range of activities in mainstream and specialist health services such as

Undertaking a local population needs analysis

Delivering learning disability awareness training to primary care, acute hospitals, mainstream mental health services and the criminal justice system

Supporting user and carer involvement and facilitation in processes such as the Joint Strategic Needs Assessment

Development programme for Community Learning Disability Teams

Development programme for assessment and treatment services including secure provision