

**PROCEDURE FOR INVESTIGATING POSSIBLE DEMENTIA IN PEOPLE WITH LEARNING DISABILITIES**

**If you notice decline in abilities and or loss of skills,  
Deterioration in personality or behaviour  
Poor memory or confusion**

**THEN YOU SHOULD CONSIDER THE FOLLOWING**

<b>STRESS</b>	<b>THYROID</b>	<b>DEPRESSION</b>	<b>SENSORY IMPAIRMENT</b>	<b>PHYSICAL CAUSES</b>	<b>DEMENTIA</b>
Concentration problems Irritability Decline in abilities	Lethargy Weight gain Cold Intolerance Changes in skin and hair	Disturbed Sleep Loss of Appetite Low mood Withdrawal from usual Activities Tearful	Ignores instructions Mobility problems Loss of confidence Shouting or raised voice	Withdrawal Aggression Self injury Pacing Screaming Crying	Loss of recent memory Loss of skills Changes in mood Orientation difficulties Sleep disturbance Language difficulties
<b>NO or Yes</b>	<b>NO or Yes</b>	<b>NO or Yes</b>	<b>NO or Yes</b>	<b>NO or Yes</b>	<b>NO Or Yes</b>
Identify Stressors Recent life event e.g. death, a move, illness Offer support and re-assurance	See GP Annual blood tests Under or over active Thyroid Medication	See GP Medication and/or counselling	Complete full Health Surveillance Check: Eyes; Ears; Feet Access appropriate services	See GP Medical history and Physical investigation Medication changes Diabetes Pain Urinary tract Infection Nutritional deficiencies or dehydration	Refer to CLDT Follow on referral to appropriate Clinicians e.g. GP Psychology Neurology OT SALT Physio Nursing Psychiatry