



# Graduate & PGCert Psychologically-Minded Environments in Intellectual Disability

**The programme will equip its graduates with the knowledge and skills required to create a psychologically-minded environment. This draws on reflections about personal experience to enhance understanding of others.**

Students will further develop skills such as acceptance, attunement and responsiveness, and learn how to name what is being done interactively so that they can share what they do more effectively. There will be opportunities to try new ways of being within an environment that helps each student to stretch themselves without feeling exposed.





# Graduate and PG Cert Psychologically-Minded Environments in Intellectual Disability

## School of Nursing, Midwifery & Physiotherapy

The University has an impressive worldwide reputation for academic excellence and is part of the Russell Group of 20 leading UK universities. The School of Nursing, Midwifery and Physiotherapy is ranked fifth in the UK in terms of its research power for nursing and midwifery.

## Duration

One year (part-time)

## Location

Both modules are taught over three two-day blocks in the Institute of Mental Health (IMH) on the Jubilee Campus in Nottingham.

The course has been developed collaboratively by ID-experienced academics from Nursing (David Charnock, Lecturer), Clinical Psychology (Jennifer Clegg, Associate Professor) & Sociology (Rachel Fyson, Associate Professor & Director SW training).

## Introduction

The abuse of people with ID in both hospital and community settings has a long history and a continuing presence. Analysis of 15 years of inquiries into UK hospitals for people with ID (Martin, 1984) revealed that malpractice emerges from the coalescence of problems: resource limitations; professional isolation; low expectations; closed situations; management who stifle criticism; and service oversight from people who lack knowledge/expertise. All of these factors were present at Winterbourne View (Serious Case Review, Flynn 2012). Martin concluded that it was the care setting as a whole that needs to be addressed: "Few measures would do so much to reduce the risk of scandals as a really systematic policy of individual staff development." (p248).

## Career opportunities

The course recruits health and social care professionals who are working in, or who wish to progress towards, positions of clinical leadership with responsibility for leading innovation and the modernisation of services.

## Course structure

Student undertake the following modules:

**Intellectual Disability: Theories of human development and social science research for psychologically-minded practice** (GCert Level 3 or PGCert Level4 30 credits)

**Intellectual Disability: Applying psychological mindedness** (GCert Level 3 or PGCert Level4 30 credits)

## Support and assessment

The first module is assessed through an oral presentation supported by a written paper, with support from the module team. The second module is assessed through a portfolio and a written assignment again supported by a member of the module team.

## Funding and scholarships

Most UK students are funded through their employers and NHS training monies. Some students have also been successful in obtaining scholarships from national funding bodies. Further information about funding opportunities is available on our website in the Postgraduate Study area.

## Entry requirements

Applicants to the course will be professionals working in health and social care services for people who have an intellectual disability. Consequently they will be expected to demonstrate a commitment and drive for improving the delivery of health and social care to this group within their own organisation.

**GCert applicants** accessing this programme will be required to have 120 level 1 and 120 level 2 credits in a related subject area and/or experience deemed equivalent.

**PGCert applicants** will normally be expected to possess a first degree (usually 2.2 or above) or other relevant qualification/s and/or experience deemed equivalent.

## How to apply

Visit the school website at [www.nottingham.ac.uk/nmp](http://www.nottingham.ac.uk/nmp) and select this course from the Postgraduate Study area. You can apply electronically from within the course entry using the 'Apply for this course' button.

## Further information & enquiries

For further information, please contact:

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## External review comment

An external reviewer stated: "This is one of the most exciting and innovative proposals I have seen in response to increasing evidence about the poor quality of care and support for people with ID...Rather than rely on the rhetoric of rights, self-determination and person-centredness which have become empty phrases...this proposal seeks to bring professionals back to underpinning knowledge about humanness and the psychological needs of each individual with ID."

*Prof Bigby, LaTrobe University, Melbourne, Australia*



To request this information in an alternative format:

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