



## What do you tell a pregnant woman about alcohol?

- When is it safe to drink?
- Is it safe to drink?
- How might alcohol affect the baby?
- What is the best way to discuss alcohol with a pregnant woman?

Get answers to these questions from doctors, midwives and mothers of children with alcohol related disabilities

### Complimentary Study Day

Tuesday, 25 January 2011 - Nottingham

Tuesday, 15 February 2011 - Glasgow

Tuesday, 15 March 2011 - London

To book your free place for  
CPD Registered Training for Midwives contact:

**NOFAS-UK**

**National Organisation for Fetal Alcohol Syndrome-UK**

Tel: 0208 458 5951 / Fax: 0208 208 3296

Helpline: 08700 333 700

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Website: [www.nofas-uk.org](http://www.nofas-uk.org)

Registered Charity No. 1101935

*\*Early booking is advisable as spaces are limited and there has already been a healthy interest in this event*