

What parents thought:

"Fantastic! Really enjoyable and helpful!"

"Our biggest problems are related to behaviour so understanding our son's behaviour properly is a very big step!"

"This has given me the tools to help with my child's communication."

"I can now identify my child's sensory issues and have an idea of practical strategies."

"The support of other group members is really valuable."

Comments from professionals:

"We recommend Cygnet to all families where a young person receives a diagnosis of ASC in this age bracket."

Consultant child psychiatrist, Bradford

"The programme is excellent in its accessibility to parents, carers and practitioners."

Barnardo's Childrens Service manager,
Waltham Forest

"The materials are clear, well researched and well paced."

Autism outreach teacher, Leeds

For more information please contact:

Cygnet Parenting Support Service

Queens Road
Bradford
BD8 7BS

Telephone: 01274 481183

Email: andy.morris@barnardos.org.uk

Or return the reply slip to the above address:

Please can I be contacted with more information about the Cygnet programme:

Name _____

Address _____

Tel. _____

Email _____



www.barnardos.org.uk

Yorkshire Regional Office:

Four Gables, Clarence Road, Horsforth, Leeds LS18 4LB

Tel: 0113 393 3214 **Fax:** 0113 393 3201

Barnardo's Registered Charity Nos 216250 and SC037605 9986/RRD08

Barnardo's Cygnet programme

A parenting support programme for parents and carers of children and young people aged 7–18 years old diagnosed with an Autistic Spectrum Condition

Welcome to Session Four:
Understanding behaviour



Cygnet

Autistic spectrum condition
parenting support programme

'Behaviour is often the child's
loudest voice'



Activity

Cygnet Session Four: Understanding behaviour

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National Training Award Winner 2008
Yorkshire and Humber Region



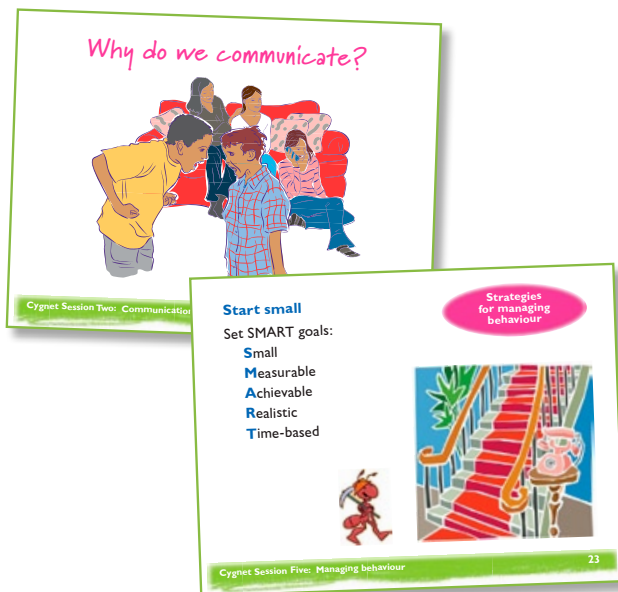
BELIEVE IN CHILDREN

Why Cygnet?

The underpinning value in the development of Cygnet is the belief that if parents and carers have access to appropriate knowledge, skills and support they can often find practical solutions to build confidence in family life.

This has been achieved through:

- Listening to parents/carers and young people
- Working with inter-agency support
- Utilising relevant and practical research materials
- Robust long term and independent evaluation methods
- Acknowledging the needs of all community groups



What does Cygnet cover?

This is a core Cygnet programme which is delivered over six two and a half – three hour sessions which sequentially work towards behaviour management relevant and appropriate for this age group of children and young people.

- Autism and diagnosis
- Communication
- Sensory issues
- Understanding behaviour
- Managing behaviour
- Choice decided by parents/carers



What is in a Cygnet pack?

A CD containing:

- Introductory and explanatory notes for use and printing
- Five sessions visually illustrated on 214 slides
- Trainer's notes accompanying each slide
- Video clips
- Activities and handouts
- Parent's notes
- Evaluation materials

Two ring bound trainer's packs containing trainer's notes with a copy of handouts, activities and evaluations.

Cost

- Introductory price £650 (including post & packaging)
- Half day taster sessions £50 per person with a £50 reduction with the purchase of the programme
- Full day training in the use of the programme for up to eight professionals (includes Cygnet pack) £1,350