

Second Annual Health Conference

A Practical Guide to:

Improving Cultural Competences and Disparities in Health and Social Care

**Thursday 26th June 2008
The Light house, Chubbs Building
Wolverhampton**

Topics Include

- Cultural Competency in Health Care
- Mental Health- The Way Forward – Dual Diagnosis
- Cultural Competency and Palliative care
- Valuing - Patient Education – Diabetes, Hypertension, alcohol abuse
- Counselling in Family Centred Care in Toronto-Canada
- Spirituality in health and well being
- Developing effective strategy for Community Health care programmes
- Palliative care for a diverse community

Key speakers

Mr Ferdinand Addo –The Bulmer Foundation, Hereford
Dr Aggrey Burke- Consultant Psychiatrist - St George Medical School
Dr Alice Duncan –Consultant Psychiatrist, Yorkshire
Ms Wilma Nevers –Family Therapist– Toronto, Canada
Mr Brian Nyatanga – University of Worcester
Dr Nevel Vassel – Birmingham City University

Supported by (ACSHAN) African Caribbean Strategic Health Allied Network
Mount Shiloh Health Advisory
CTHEM – Cultural Training for Health Education and Management,
The Lighthouse Media

*NB: Please note that conference organisers has the right to amend programme
in case of issues beyond their control.*

Second Annual Health Conference

A Practical Guide to Improving Cultural Competences and Health Disparities in Health and Social Care

Conference Objectives

- To establish the necessity for cultural competency in all areas of health and care industry.
- To promote health and social care services that address cultural sensitivity and a holistic perspective
- To address health education and capacity building using collaboration and partnerships to build healthier communities
- To identify sustainable funding for health programmes in line with the health and social care needs of the community
- To address issues of palliative care in a diverse society

Who should attend

Managers in Health and Social Care
Nurses and Clinicians
Human Resources Personnel
Social Workers
Mental Health Nurses
Occupational Health Therapists
Prison Warders
Voluntary Sector Organisations
Educational Managers and Teachers
Police Force
Probation services
Service users and providers
Students
Pensioners
Parenting workers
Parents



Supported by (ACSHAN) African Caribbean Strategic Health Allied Network
Mount Shiloh Health Advisory
CTHEM – Cultural Training for Health Education and Management,
The Lighthouse Media

NB: Please note that conference organisers has the right to amend programme in case of issues beyond their control.

Second Annual Health Conference

A Practical Guide to Improving Cultural Competences and Health Disparities in Health and Social Care –

PROGRAMME

Time	Speakers	Theme
9:00 a.m. -9:30 a.m.	Registration & Coffee	All participants
9:30 a.m.-9:40 a.m.	Dr Nevel Vassel- Senior Lecturer Ethnicity and Diversity in Health and Social Care Birmingham City University	Welcome & Opening Address Cultural Competence in Health Care
9.40 a.m.- 10:00 a.m.	Dr Alice Duncan, Psychiatrist- Yorkshire	Dual Diagnosis in Mental Health
10:00 a.m. – 10:30 a.m.	Mr Brian Nyatanga, Senior Lecturer, University of Worcester	Cultural Competency and Palliative care
10.30 a.m.– 11:00 a.m.		Questions
11:00 a.m.– 11:15a.m.	Health Break and Tea / Coffee	
11:15 a.m.– 11:45 a.m.	Mrs Jennifer McLean- NHS Direct Nurse Advisor	Valuing - Patient Education care education- High Blood pressure, Stroke
11:45 a.m. – 12:15 p.m.	Dr Aggrey Burke, – Psychiatrist St George Medical School Mr	Health Disparities Mental Health care
12. 15- 12.30	Question Time	
12:30 p.m.– 1:30 p.m.	Lunch	
1.30 p.m. – 2.00 p.m.	Ms Wilma Nevers, Family Therapist, Toronto Canada	Integrated approached to children to parent, abuser & victim in family violence for total management in family mental health care
2:00 p.m. – 2:30 p.m.	Rev. Albert Watson	Spirituality in Health & Well Being
2:30 p.m. – 3.00 p.m.	Mr Ferdinand Addo, Programme Director The Bulmer Foundation	Developing effective strategies for Community Health care programmes
3.00- 3.15		Questions
3.15- 3.45	Tea and Net working	
3.45 p.m. 4.15 p.m.	Dr Nevel Vassel, Senior Lecturer Ethnicity and Diversity in Health and Social Care Birmingham City University	Review and Summaries from Conference
4.00 p.m.		End

Supported by (ACSHAN) African Caribbean Strategic Health Allied Network
Mount Shiloh Health Advisory
CTHEM – Cultural Training for Health Education and Management,
The Lighthouse Media

*NB: Please note that conference organisers has the right to amend programme
in case of issues beyond their control.*

Second Annual Health Conference

A Practical Guide to Improving Cultural Competences and Disparities in Health and Social Care

Profile of Speakers

Dr Aggrey Burke, MBChB, MRCPsych

Dr Aggrey Burke is a senior lecturer and consultant psychiatrist at St Georges Hospital, London. He contributes widely to medical and social journals and in 1984 edited a special issue of Transcultural Psychiatry on Racism and Mental Health, a subject about which he is one of the leading experts. Dr Burke is a member of the management committees for several groups related to childcare, mental health and communications issues. He helped to found the African and Caribbean Medical Society (1981) and is its current President. In 1982 he helped to set up the counselling and support group for the families who had suffered bereavement and injury through the New Cross Massacre.

Dr Alice Duncan BSc,Hons , MBBS (UWI) ,MRCPsych

Dr Duncan is a Consultant Psychiatrist in General Adult Psychiatry with Special Interest in Forensic Psychiatry and is currently based at Cygnet Hospital at Wyke, a low secure Psychiatric hospital the Private Sector in Bradford, West Yorkshire. She previously worked in East Yorkshire in a similar capacity in a medium secure psychiatric hospital. She was the first female West Indian Consultant Psychiatrist in England and held her first post in the NHS in North Birmingham. Dr Duncan has extensive medicolegal experience and currently specialises in assessing and providing reports on adults for the family courts nationally. She is often consulted in cases when a female Consultant with or without transcultural experience is needed. Dr Duncan remains true to her Jamaican roots, having gained her basic medical qualifications in Jamaica before coming to England via the Bahamas to complete postgraduate training in Psychiatry

Dr Nevel Vassel, BEd, MA, Ph.D.

Dr Nevel Vassel is Senior Lecturer in Ethnic and Diversity Studies in Health and Social Care and Route Director for MSc Multicultural Issues in Health and Social Care at Birmingham City University. Dr Vassel also teaches Cultural Awareness of issues surrounding Diabetes, Mental Health, Intensive Care, Pain Management, Sickle Cell and Thalassaemia, Palliative Care, Sexual Health, Renal and Stoma Care. He specialises in Multicultural & Diversity Issues, Staff Training & Development and Leadership & Mentoring and has more than 20 years experience lecturing in further and higher education. Dr Vassel gained his PhD at the University of Manchester and has presented a wide range of academic papers to international audiences in India, Norway, USA and the Caribbean

Ms Wilma Nevers – Johnson, MSc BSc, MDiv – Toronto Canada

Wilma Nevers Johnson is an Individual, Couple and Family Therapist. She currently practices with Tyndale Counselling Services and Catholic Family Services Peel Dufferin as a therapist and at Family Services of Peel as a Groups facilitator. Wilma also maintains a private practice in Scarborough. A graduate of the University of the West Indies with an under graduate degree in Economics and Management and of Tyndale University College and Seminary with a Masters of Divinity - counselling focus, Wilma combines her knowledge and experience in counselling, her spirituality, her background in management, her love for people and a growing concern for families into helping people to find hope, healing and wholeness in their lives. She has worked with individuals, couples and families on issues including: self esteem, addictions, abuse, grief and loss, family violence, premarital preparations, couple conflict. Included in her current work with Catholic Family Services, Wilma is collaborating with other agencies to provide relevant psycho-social services geared towards the African / Caribbean communities of Peel region.

Supported by (ACSHAN) African Caribbean Strategic Health Allied Network
Mount Shiloh Health Advisory
CTHEM – Cultural Training for Health Education and Management,
The Lighthouse Media

*NB: Please note that conference organisers has the right to amend programme
in case of issues beyond their control.*

Second Annual Health Conference

Mr Ferdinand Addo MBA, Pg. DMS BSc. (Hons.) Biological Sciences,

Ferdinand has spent almost 10 years working as Manager of Mount Shiloh Health Advisory Centre to address health and social inequalities in Wolverhampton, United Kingdom. Exploring innovative approaches to community engagement, empowerment and development, his approach has been to utilise health as a medium for community development and sustainability. Ferdinand has unpublished work and directly supported work on health and well being in BME Communities, Mental Health in Minority ethnic Groups. Ferdinand is a founding member and current chairman of ACSHAN (African Caribbean Strategic Health Allied Network) and currently the vice-chair of Wolverhampton Black Strategic Health Group. He also served as a non-executive director of Wolverhampton Voluntary Sector for six (6) years. He is currently working as the Health Programme Director of The Bulmer Foundation in Hereford, United Kingdom.

Mr Brian Nyatanga. MSc

Brian is a Senior Lecturer at the University of Worcester, England, UK. He has a wide teaching remit but his main focus is palliative care education and research methods. He has several years of clinical and educational experience and has written extensively for the nursing press. His first book "Why is it so difficult to die?" was published in 2001 and posed serious questions about how people and societies fail to acknowledge the reality of death publicly while privately they make arrangements for their post death era. The second edition of this book is due out in April 2008. Brian has edited two further books; 'Hidden Aspects in Palliative Care' and 'Work Based Learning in Cancer and Palliative Care'. He has published numerous articles, papers, editorials, book chapters and commentaries. Some of the recent publications include:

- Adapting to death and dying
- Suffering, A Hidden Phenomenon
- Towards a definition of death anxiety
- Is fear of death a rational pre-occupation
- The concept of death and death anxiety
- Health professionals' opposition to euthanasia and assisted suicide; a personal view
- Death and dying through a life span (in print)
- Intuition and decision making (in print)

His doctoral research interests are death anxiety and burnout and their impact on palliative care nurses. He is also an accredited facilitator of the NHS Leadership Qualities Framework

Supported by (ACSHAN) African Caribbean Strategic Health Allied Network
Mount Shiloh Health Advisory
CTHEM – Cultural Training for Health Education and Management,
The Lighthouse Media

*NB: Please note that conference organisers has the right to amend programme
in case of issues beyond their control.*

Second Annual Health Conference

A Practical Guide to Improving Cultural Competences and Disparities in Health and Social Care

CONFERENCE BOOKING FORM

To book places, please complete this form and return by email to nevelVassel@cthem.co.uk or post to:

**Cultural Training for Health Education and Management [CTHEM]
2 The Wheel Court
Codsall, Wolverhampton,
Staffordshire, UK
WV8 1SR**

Please complete one form per delegate.

Conference Fee

- Statutory Organisations £30
- Private Organisations £30
- Voluntary organisations £20
- Pensioners £10
- Students £10

Please make cheque payable to CTHEM and post to Number 2 The Wheel Court, Codsall, Wolverhampton, Staffordshire, UK, WV8 1SR

Title:	Forname:	Surname:
Job Title:		
Organisation:		
Address:		
Tele No:	Fax:	
Email:		
Dietary requirements	Vegetarians <input type="checkbox"/>	Others (please specify)

Supported by (ACSHAN) African Caribbean Strategic Health Allied Network
Mount Shiloh Health Advisory
CTHEM – Cultural Training for Health Education and Management,
The Lighthouse Media

NB: Please note that conference organisers has the right to amend programme in case of issues beyond their control.