

Care Staff Training and Development

We set high standards to initiate changes in practice and to sustain them. Our mission is to enhance the skills of staff to create enablers in care who will effectively meet the emotional needs of their customers which will ultimately improve quality of life and wellbeing for the customer and care giver.

Package 1- Dignity and Safeguarding Training

Areas covered:

- Raise practice standards
- Develop an understanding of how and why best practice deteriorates
- How deterioration can be stopped/changed to ensure dignity and wellbeing for customers
- Develop evaluation and reflective skills
- Emotional resilience and awareness – understanding emotional reactions at work, learn to be assertive and develop work-life balance.
- Team dynamics
- Creative problem solving with a holistic approach, considering both the staff and customer to develop empathy.

Initial 2 full days training (preferable a week in between for reflective practice) followed by small peer group developmental training (supervision) 1x session per month for minimum period of 6 months then review progress so far.

Costs:

- Initial 2 day training £120 per person based on a minimum of 10 attendees.
- Small peer development groups (1 session monthly for 6 months) £50-£60 per session.

Benefits of this training:

- Staff wellbeing
- Staff commitment
- Sustainable good practise
- Improved communication in the team
- Improved service to the customers
- Emotional resilience at work (work-life balance)

Package 2 – Activities Co-ordinator Training

Areas covered:

- What is a meaningful activity?
- Brain development – understanding how to apply principle activities to maximise brain activity
- Communication and interpersonal skills – reciprocation when working with customers and communicating amongst the team.
- Understanding of specific client group's needs and motivation – how to apply this in practice
- Understand Attachment Styles and how to structure effective engagement plans
- Creative Expressive Therapies - learn how to work creatively with others
- Play Therapy – the use of drama to maximise meaningful activity.
- Interaction and engagement – learn new skills in engaging customers in a variety of activities and interaction.
- Suitable activities to meet customer's needs – focusing on emotional needs
- Develop facilitation/leadership skills
- Sustainable skills

Initial 2 full days training (preferable a week in between for reflective practice) followed by small peer group developmental training (supervision) 1x session monthly for 6 months. Participant must be working at a practice so they can actively practise their skills safely during supervision support.

Costs:

- Initial 2 day training £130 per person based on a minimum of 10 attendees.
- Small peer development groups (1 session monthly for 6 months) £50-£60 per session.