

# Learning to wee and poo in the right place - Continence problems in children with autism



**This one day course will focus on the common toileting difficulties in children with autism. It will look at autism and the reasons why children may have toileting difficulties, toilet training, specific continence issues alongside specific autism-related continence issues.**

**It will be delivered by Dr Eve Fleming, Community Paediatrician and Lorraine MacAlister, NAS Autism Training Consultant.**

This course has been developed by Dr Eve Fleming and the NAS Training & Consultancy Team.



**Dr Eve Fleming** has been working as a community paediatrician in South Warwickshire for many years. This has included working with children with special needs and with chronic health problems. She has led the bowel and bladder support services and clinics in the area, and worked closely with the psychology team and special educational needs support services.

She co-authored the Department of Health exemplar on toilet training problems and special needs. She worked with Sense toys to publish a booklet and training toy for parents and children on toilet training. She has also been a member of the clinical advisory group for ERIC (Education and resources for improving Childhood continence).

## Course overview

Autism and common toileting difficulties

Toilet Training (including pre-toileting preparation, toileting readiness, day-time and night-time continence)

Specific continence issues (including Constipation and bladder problems, and medical investigation and treatment where appropriate)

Specific autism issues (including only pooing in a nappy, learning to use other toilets, smearing, sensory difficulties and adolescence)

Getting support (including local authority and national guidance)

Working co-operatively with parents to develop toileting skills.

## Who should attend?

This course is aimed at those working with children with autism who are experiencing difficulties with any aspect of toileting across a variety of settings. It is particularly relevant for continence advisors, nursing teams and school-based staff or advisors.

## Benefits of attending

- Increased understanding of autism and the underlying reasons for toileting difficulties
- Develop skills to support toilet training and specific continence issues
- Have ideas about management of specific autism issues
- Opportunity to share experiences and support strategies with colleagues in other settings
- Develop the ability to support parents in approaches to developing continence

## Cost

<b>Type of training</b>	<b>Cost</b>
Offered as individual places on scheduled Course	£125 + VAT

## Dates

<b>Date</b>	<b>Location</b>
26 Sept 2013	Nottingham
10 Oct 2013	London

## Bookings

To book a place on this course, please contact us:

Email: [training@nas.org.uk](mailto:training@nas.org.uk)

Tel: 0141 285 7117