Postural Care
Protecting Body Shape

Postural Care Awareness
Protecting Body Shape, Muscle Tone and Quality of Life for Individuals with Movement Difficulties

A one day session on the basics of protecting body shape

- Where? At The Coton Centre, Comberford Road, Tamworth, B79 9AA
- When? 18th May 2011
- Time? 9.30pm until 3.00pm
- How much? £15 per person including VAT and a light lunch

Delivered by the leading experts in this field this course is designed to give a basic overview of protection of body shape. It is very practical so that attendees leave with an understanding of the hands on skills needed to implement night time positioning safely, effectively and humanely.

Everyone with an interest in postural care is welcome.

We look forward to seeing you there!

What will we cover?

- 9.30 registration and coffee
- 10.00 The biomechanics – How and why does the body change shape?
- 11.30 What can we achieve? Stories from families and individuals with time for questions and discussion
- 1.00 – 1.30 Lunch
- 1.30 Temperature regulation and the Safety Checklist – making sure that the person you love and support is safe
- 2.45 Questions and discussion
- 3.00 Close

Booking Form – Postural Care Awareness Day 18th May 2011

Venue Address:

The Coton Centre,
Comberford Road,
Tamworth,
Staffs,
B79 9AA

Take care – if your Satnav takes you to Windmill Close you are in the wrong place!
The Coton Centre is on Comberford Road next door to Rawlett High School.

To ensure delegates have timely information on this event we will be corresponding by email wherever possible. To help us ensure effective communication, **please print your email address in the space below**. If you would prefer hard copies of correspondence, please indicate.

Forename
Surname
Job title
Organisation
E-mail
Address

Tel
Do you have any dietary/access requirements?
I would rather receive hard-copy correspondence ❑

❑ All places £15 including VAT and a light lunch. Please note all places must be paid for **before** attendance at the event

❑ Cheque enclosed ✦ ❑ Please invoice ◆

- Please make cheques payable to **Postural Care CIC** with the date of the course and participant name(s) on the back.
- Invoices issued may be paid by BACS. Full details will be given on the invoice.

All cancellations must be received in writing. In the event of a cancellation, a full refund will be given for one month's notice; a 50% refund will be given for 1 month to 14 days notice. No refund will be given for less than 14 days notice but substitutions may be made at any time. Please contact **Postural Care on 01827 304 938** if you have not received confirmation of your place at least 2 weeks prior to the date of the event.

Once completed, please post or email to:

Sarah@posturalcareskills.com
Percival House, School Lane, Hopwas, Tamworth, B78 3AD