



# Autism and Complex Needs

**Tuesday 15 October 2013**, The Clarendon Suites, Birmingham

A one-day conference examining autism and common co-existing conditions and looking at best practice for support and care.

**Key topics include:**

- > What are complex needs?
- > Autism and ADHD
- > Autism and epilepsy
- > Autism and sleep difficulties
- > Autism and visual / hearing impairments

In association with:

**autism central**



Accept difference. Not indifference.

# Autism and Complex Needs

## A one-day conference examining autism and common co-existing conditions and looking at best practice for support and care.

It is not uncommon for autism to be present alongside other conditions. However, unlike with other diagnoses, autism can exacerbate some of these co-existing conditions or make it more difficult to diagnose and support people who have them.

This conference will look at what we mean by the term 'complex needs'. Our keynote speaker, Professor Emily Simonoff, will discuss the question of whether there is an increased prevalence of people with autism and complex needs and, if so, why that is.

The programme will also examine in more depth some of the more common co-existing conditions that can affect people with autism. Key speakers will give insights into a wide range of issues, including ADHD, epilepsy, visual impairment, hearing impairment and sleep disorders.

### Attend to:

- gain a full understanding of autism and complex needs
- learn practical strategies for supporting people with autism and co-existing conditions
- hear first-hand insights on the unique issues experienced by people with autism and complex needs
- network with other professionals and experts in the field.

### Who should attend?

- Clinicians across the professional field, including psychiatrists, clinical psychologists, paediatricians, GPs and nurses.
- Commissioners for services for people with autism.
- Social workers and support workers.
- Education professionals from mainstream schools, special schools and local authorities.
- Voluntary sector groups and not-for-profit organisations.
- Individuals with autism and their parents, families and carers.

This event is a great opportunity to gain an understanding of complex needs in autism. Join us to hear experts in the field and gain a wealth of knowledge, plus engage in stimulating debate and exchange new ideas.

In association with:

**Autism Central**



This conference is running alongside the Autism Central exhibition and all delegates will be able to access the exhibition as part of their registration fee.

Now in its third year Autism Central brings together people with autism, families and professionals from across Central England. In addition to a range of exhibitors Autism Central has become well known for the quality of its seminars and presentations.

The organiser of Autism Central for Queen Alexandra College, Karen Easthope, said, 'Our event is growing year on year and provides really useful information and advice. We are also pleased that entrance to the show remains free of charge for 2013.'

Queen Alexandra College has, over the past decade, become well known as a provider of high-quality education and training for people aged 16 plus on the autism spectrum. QAC provides an exciting range of learning programmes that enable people to develop social skills, gain nationally recognised qualifications and move towards independence and employment.

### About the organisers

**The National Autistic Society (NAS)** is the leading UK charity for people with autism (including Asperger syndrome), their families and the professionals who work with them. We provide information, support and pioneering services, and campaign for a better world for people with autism.

### Sponsorship and networking opportunities

For bespoke sponsorship packages please contact **Kate Laird** on **020 7923 5734** or email **conference@nas.org.uk**

## Plenary session

- 09:00 Registration and time to browse the exhibition
- 09:40 **Welcome by the Chair**  
**Professor Barry Carpenter OBE**  
 Former Director, DfE Complex Learning Difficulties and Disabilities Research Project
- 09:40 **Welcome address: what are complex needs?**  
**Professor Barry Carpenter OBE**  
 Former Director, DfE Complex Learning Difficulties and Disabilities Research Project

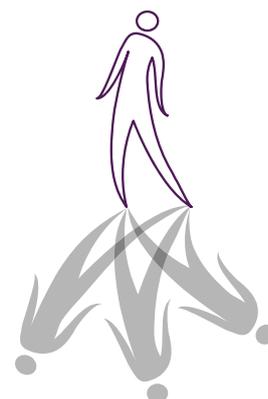
- 10:00 **KEYNOTE ADDRESS:**  
**ASD and co-existing conditions – is there increased prevalence and if so, why?**  
**Professor Emily Simonoff**  
 Professor of Child & Adolescent Psychiatry  
 Institute of Psychiatry, King's College London
- 11:00 Refreshment break and time to browse the exhibition
- 11:40 **Autism and ADHD**  
**Dr Janneke Zinkstok**  
 Consultant Psychiatrist, South London and Maudsley NHS Trust
- 12:20 Changeover to seminar sessions

## Stream sessions

12:30	<b>Stream A</b> <b>Autism and epilepsy</b> <b>Dr Rohit Shankar</b> Consultant Neuropsychiatrist - Cornwall Partnership NHS Foundation Trust and Hon. Associate Professor - Peninsula College of Medicine and Dentistry	<b>Stream B</b> <b>The challenge of autism and complex needs in the classroom</b> <b>Dr Rona Tutt, OBE</b> Independent Education Consultant	<b>Stream C</b> <b>Challenging behaviour in deaf patients with ASD: what to do (and not do)?</b> <b>Dr Sally Austen</b> Clinical Psychologist, Birmingham and Solihull Mental Health Trust
13:10	Lunch		
14:00	<b>Best practice in supporting individuals with OCD and autism</b> <b>Dr Amita Jassi</b> Clinical Psychologist, Children's OCD Clinic, South London and Maudsley NHS Foundation Trust	<b>Supporting children with visual impairment and ASD: guidance for practitioners</b> <b>Ian P Bell</b> Specialist Independent Speech and Language Therapist and Formerly Project Leader, Visual Impairment and Autism Project	<b>Medication for people with ASD and co-morbid conditions</b> Speaker to be confirmed
14:40	Refreshment break and time to browse the exhibition		

## Plenary sessions

- 15:20 **Sleep difficulties and ASD**  
**Jane Ansell**  
 CEO, Sleep Scotland
- 16:00 Closing remarks by the Chair
- 16:10 Conference ends



The NAS reserves the right to make amendments to the advertised conference programme and speakers.

**To register, visit [www.autism.org.uk/conferences/complexneeds2013](http://www.autism.org.uk/conferences/complexneeds2013)**

# Autism and Complex Needs

Tuesday 15 October 2013, The Clarendon Suites, Birmingham

Brochure code: WEB

## Rates

Delegate rate  £225 + VAT

NAS members  £175 + VAT

Individuals on low income\*  £45 + VAT

\* Including people receiving: 1) Income Support 2) Employment and Support Allowance  
3) Disability Living Allowance 4) Carers Allowance

## To make a booking:

www.autism.org.uk/conferences/  
complexneeds2013

**Email** conference@nas.org.uk

**Tel** 0115 911 3367

**Fax** 0115 911 3362

**Post** NAS Conference and  
Events Team  
6th Floor, Castle Heights  
72 Maid Marian Way,  
Nottingham NG1 6BJ

## Please confirm which stream you would like to attend:

Stream A

Stream B

Stream C

## Delegate details

Title	First name	Surname
Job title		Tel
Organisation		Fax
Email		
Keeping in touch with you via email can help to keep our costs down. <b>Please tick this box if you are happy to receive emails from us</b> <input type="checkbox"/>		
Address		
	Town	County
Postcode	Country	

The National Autistic Society would like to update you from time to time in order to inform you about our work.

If you **do not** want to receive any mailings from The National Autistic Society, **please tick this box**

### NAS membership number:

### Any special requirements

e.g. Access/Dietary/Support/Other?

### How did you hear about this conference?

Please write here

## Booking contact

If you are booking on behalf of someone else, please provide your contact details here.

Title	First name	Surname
Job title		Tel
Email		

## Payment details

### CHEQUE

Please find enclosed a cheque for £

Please make all cheques payable to The National Autistic Society

### INVOICE Please complete all details below

Invoice for the attention of		
PO number (if applicable)		
Address		
Postcode	Tel	
Email		

### CREDIT CARD

Card type	Card number	
Start date	Expiry date	Security code (3 digits on reverse)
Name on card		
Signature		

## Terms & conditions

### Conference fees

All prices include entrance to the conference and seminar sessions, lunch, refreshments and comprehensive delegate documentation. Fees do not include delegate accommodation and travel and The National Autistic Society (NAS) is not responsible for arranging these.

### Payment

Payment must be received before the conference date. If payment is not received by this time, delegates will be required to guarantee payment by credit card on the day of the conference. Cheques should be in pounds sterling and should be made payable to "The National Autistic Society".

### Cancellations and refunds

Delegates who wish to cancel their places must do so in writing. If notice of cancellation is received at least 21 days prior to the event, the NAS will refund the full registration fee less £50 administration charge. If notice of cancellation is not received within 21 days prior to the conference, then we regret that no refund can be made.

Substitutions can be made without charge up to three days prior to the event. In the event that the NAS has to cancel the event, delegates will be given as much notice as possible and given a full refund (if paid in full) or a credit note (where payment is not yet made). We regret that we will be unable to compensate delegates for any travel or accommodation costs incurred.

### Overseas delegates

EU countries: delegates attending from EU countries are exempt from paying VAT only when their organisation is VAT registered within their own country. Confirmation of the VAT registration number is required at the time of booking. Non-EU countries: VAT will be charged on the invoice but you are able to claim back the VAT charge.