



Do you work with parents who find reading hard?

CHANGE can help!

CHANGE is a leading national equal rights organisation led by Disabled People.



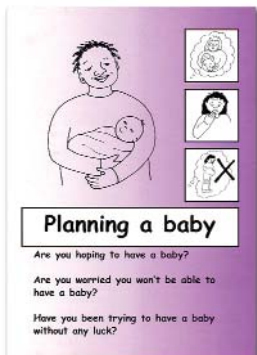
Books

We have developed a number of accessible resources for:

- parents who have difficulty reading and understanding information
- parents who have learning disabilities
- parents who do not have English as a first language

These resources can also help the people who work with and support these parents.

Planning a Baby



This health booklet is about how to plan a family and get pregnant.

£
4.50

full price

£
4.00

discount price

My Pregnancy, My Choice



This book is a practical handbook for parents with learning disabilities to use at home. It has clear and easy to understand words and pictures on pregnancy. Starting with finding out if you are pregnant, the book takes you through every stage of pregnancy, from antenatal care, to planning for birth and getting ready for taking your baby home.

£
38.00

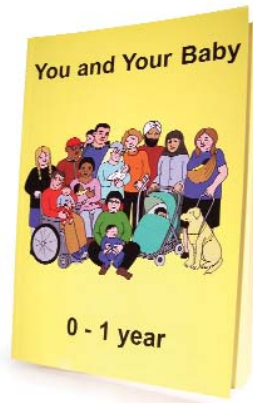
full price

£
36.00

discount price



You and Your Baby 0-1

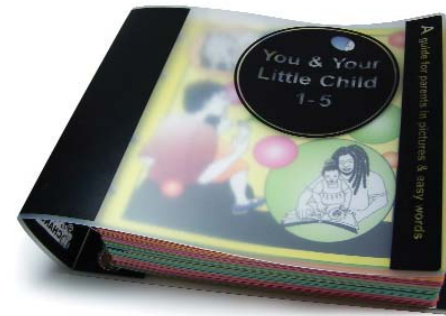


This book is a practical handbook for parents with learning disabilities to use at home. It has clear and easy to understand words and pictures on looking after a baby in the first year, from feeding your baby to changing nappies, coping when your baby is ill and keeping your baby safe and well.

£
38.00
full price

£
36.00
discount price

You and Your Little Child 1-5



This book is a practical handbook for parents with learning disabilities to use at home. It has clear and easy to understand words and pictures on looking after a young child from 1-5 years old. Chapters cover all aspects of parenting, including: parenting skills, routines, learning through play and children's health and wellbeing.

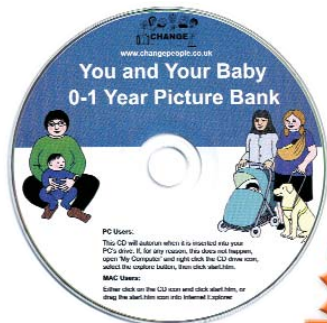
£
38.00
full price

£
36.00
discount price

Picture Banks



You and Your Baby 0-1 Picture Bank



This CD Rom contains over **400** pictures about looking after a new baby, including feeding, routines, hygiene and safety.

£
200.00
full price

£
125.00
discount price

You and Your Little Child 1-5 Picture Bank



This CD Rom contains over **900** pictures about looking after a young child, including feeding, play, safety and routines.

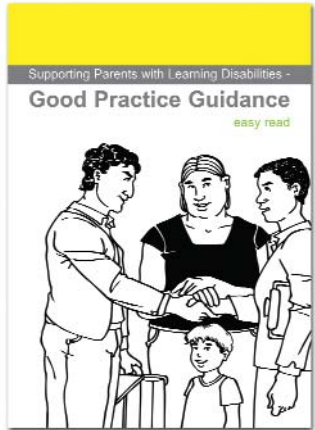
£
325.00
full price

£
250.00
discount price

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Training Resources

Supporting Parents with Learning Disabilities - Good Practice Guidance



This Guidance has been written to help commissioners and staff in children's and adults' services to support parents with a learning disability. It tells them how they should work together to make this happen.

A PDF for download can be found at: http://www.changepeople.co.uk/Libraries/Local/547/Docs/good_practice_guidance_easy_read.pdf

Free
easy read version
for parents with learning disabilities

Our Lives DVD



The story shown on this DVD is written and acted by workers at CHANGE. It is based on true experiences. It is about real lives - OUR LIVES. The DVD can be used as a training tool to challenge attitudes, which discriminate against parents with learning disabilities.

£ 45.00
full price

£ 38.00
discount price

Discount Prices are available to:



- Registered Charities with a turnover of less than £100,000
- Advocacy and community groups run by Disabled People
- Individual Carers



Parents Training for Change Cards

These cards are a useful training resource. The images depict good and bad situations covering 8 different topics that affect the lives of parents with learning disabilities: **Support, Communication, Assessment, Child Protection, After Adoption, Working Together, Our Lives, Our Rights and What is a Learning Disability?**

The images are based on the direct experience of parents with learning disabilities around the country.

Prices are per module set of cards.

£
40.00

full price

£
32.00

discount price



Parents Training for Change

This training is delivered by parents with learning disabilities who are employed as professionals at CHANGE to campaign, train and advise on best practice.

As well as delivering training directly to Health and Social Care organisations. CHANGE works with parents with learning disabilities to equip them with the knowledge they need to deliver training themselves. Areas covered include the rights of parents, what it means to have a disability and how good support should be delivered.

**Please
Contact us**

to discuss your requirements if you think you might benefit from this training.

Multiple user licenses are available for the Picture Banks and are priced according to the number of concurrent users within an organisation. **Please contact us for a quote.**

If you would like more information on any of the work we do at CHANGE, particularly about supporting parents with learning disabilities to achieve their equal rights, or if you would like to place an order for any of our products and services simply contact us!

All prices are quoted exclusive of P&P and VAT.

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