



Gloucestershire

Community Nursing Care and Treatment Plan Physical Health and Wellbeing Administration of Subcutaneous Injection

Name:
Date of Birth: DD /MM / YYYY
NHS Number:
ICS Number:
<i>(or affix hospital label here)</i>

Problem	The patient has been prescribed medication to be administered by subcutaneous injection due to:	
Goals	<ul style="list-style-type: none"> To ensure patient receives prescribed medication. 	
Actions ▼	Action (s) taken	Review Date/Time
Consent and Communication	<p>Ensure patient and relatives / carers are involved in the formulation of the care and treatment plan. <input type="checkbox"/></p> <p>Provide written and verbal information as required. <input type="checkbox"/></p> <p>Involve relatives / carers / friends in all aspects of the planned care and review as appropriate. <input type="checkbox"/></p> <p>Gain consent for planned interventions, and then check understanding and provide further information as required prior to undertaking interventions. <input type="checkbox"/></p>	
Ongoing Care	<p>Ensure a valid prescription chart has been completed by patients GP, or discharging doctor.</p> <p>Check allergy status. Ensure adrenaline is accessible.</p> <p>Wash hands, assemble and prepare items required for injection administration.</p> <p>Injection given by;</p> <p>Needle and syringe <input type="checkbox"/> Prefilled Syringe <input type="checkbox"/> Pen devise <input type="checkbox"/></p> <p>Prepare patient, maintaining privacy and dignity. Ensure site for injection (usually abdomen or outer aspect of thigh) is socially clean. If not wash with soap and water.</p> <p>Is site rotation required Yes <input type="checkbox"/> No <input type="checkbox"/> If yes establish site of last injection (site rotation reduces risks of pain and infection)</p> <p>Clean injection site for 30 seconds with an alcohol swab, and allow to air dry for 30 seconds.</p> <p>Pinch the skin between thumb and fore finger into a fold, and insert needle at an angle of _____ degrees (usually 45 or 90 degrees).</p> <p>Inject the drug slowly, keeping the fold of skin pinched up during administration.</p> <p>Release the fold of skin, and withdraw needle. Apply pressure to injection site, but do not rub.</p> <p>Dispose of sharps into sharps bin, and wash hands.</p> <p>Record administration on prescription chart, and document any other information.</p>	
Signature:	Print Name:	
State Designation:	Date Care Plan Commenced:	

