



University College London
Postgraduate Certificate/Diploma/MSc in
**Cognitive Behaviour Therapy and other
Outcomes-Based Interventions
with Children and Young People**

Course Directors:

Vicki Curry (Clinical Psychologist, CAMHS, Islington PCT)
Sandra Dunsmuir (Co-Director, Doctorate in Educational and Child Psychology, UCL)
Miranda Wolpert (Director, CAMHS Evidence-Based Practice Unit, UCL & Anna Freud Centre)

Who is it for?

All professionals working in children's services (including social care, education and health).

What does it cover?

These ground-breaking courses train individuals in outcomes-based interventions to promote psychological well-being in children and young people. Participants will gain knowledge and understanding of cognitive behavioural approaches, their strengths and limitations and how they can be adapted to work with children and young people, drawing on systemic and other methods. In the future, additional evidence-based approaches will be included to reflect a full range of effective interventions.

Key topics include:

- Working with cognitions and behaviours - adopting a multi-systemic approach.
- Developing evaluative and outcomes-based practice.
- Advanced skills in working with children and young people with anxiety and depression.
- Adapting skills in working with particular groups of children and young people including those with learning, social communication difficulties, attachment issues and anti-social behaviour.
- Further modules planned include skills from other evidence-based treatment approaches, to reflect a fuller range of effective therapies.

Who is running it?

The UCL Department of Clinical, Educational and Health Psychology - as part of a joint initiative between the Educational Psychology Group, the CAMHS Evidence Based Practice Unit (EBPU) (which is based across UCL and the Anna Freud Centre), and Islington PCT.

What is involved?

- These UCL courses, to start in September 2008, are modular: participants can build modules to either **Certificate** (one year), **Diploma** (two years) or **MSc** (two years plus thesis).
- Each module involves **4 days teaching per term/12 days per year** (on Tuesdays), including small group supervision. Participants will also undertake casework and other assessed work.

How much does it cost?

Certificate: £2400, Diploma: £4800, MSc: £6500.

Course brochure and application forms

Download information at www.ucl.ac.uk/cehp/cbtobi.html

Email: ebpu@annafreud.org

Postal address and venue of course: CAMHS EBPU, University College London & Anna Freud Centre, 21 Maresfield Gardens, London NW3 5SD Tel 020 7443 2218

Closing dates for applications: 9th May 2008. Date for interviews: 10th June 2008.