

REGISTER NOW!

CARERS RIGHTS DAY 2006

- Every year, 2.3 million become carers, people new to caring who won't know about their rights
- They are missing out on at least £660 million a year in unclaimed benefits, yet often struggle to make ends meet
- Last year, through Carers Rights Day our local and national events helped over 30,000 carers learn more about their benefits and rights
- Help us make a difference to even more carers this year by doing something for Carers Rights Day

The seventh annual Carers Rights Day will take place on:

FRIDAY 8th DECEMBER 2006

The aims of Carers Rights Day are to:

- increase take up of benefits available to carers and their families
- ensure that carers access their rights under relevant legislation
- raise awareness of the needs of carers
- help individuals recognise themselves as carers
- increase older carers take-up of Pension Credit

What others have done:

- distributed information in their local area
- had an information stand in a local supermarket or their local street market
- teamed up with the Pensions Service to hold a drop-in advice session
- joined with the Benefits Agency, social services and local health body to hold information and advice sessions
- used an information bus to give advice sessions

What you get if you register

Online, or by post, you will get:

- an organisers pack, including posters, booklets, a template news release, local contacts, information on benefits for older carers and ideas about how to involve your local MP
- inclusion in our online and published listings of events
- an opportunity to order free booklets
- an opportunity to share good practice

You can register on-line at www.carersuk.org or by using this form.

8 December not the right day for you?

Friday 8 December is not necessarily a good day for everyone. Why not hold your event the day before Carers Rights Day to herald in the campaign.

Help us make Carers Rights Day the biggest yet.

Register overleaf or at www.carersuk.org/carersrightsday

What local groups say they got out of it:

- more carers knowing about their rights and entitlements and making a difference to carers' lives
- new links locally with the Pension Service and Benefits Agency
- press coverage about their event
- being part of a national campaign to improve take-up of benefits

Contact: Carers Rights Day on: 020 7566 7623

or email carersrightsday@carersuk.org

www.carersuk.org/carersrightsday

REGISTRATION FORM

**CARERS
RIGHTS DAY**

Fill this in to get your information pack.

Contact Name

Organisation

Are you a: Carers group Other voluntary organisation NHS body Local authority
 Pension service Benefits agency Other

Address
.....
.....
.....

Tel Fax Email

Are you based in: England? Scotland? Wales? N. Ireland? London?

What is your local authority?

Tell us what activities you will be planning for Carers Rights Day

.....
.....
.....
.....
.....
.....

| | | | |
|--|------------------------------|-----------------------------|-------------------------------------|
| Do you want to put this information on our website? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know |
| Do you want contact details included on our website? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know |
| Are you planning to involve local press? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know |
| Are you planning to involve your local MP, MSP, MLA or MA? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know |
| Are you planning to involve your local Pension Service, Benefits Agency or Jobcentre Plus? | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know |

Please return by Friday 3 November 2006 to:

Carers Rights Day 2006
Carers UK
20-25 Glasshouse Yard
London EC1A 4JT

Tel: 020 7566 7623
Fax: 020 7490 8824

You can also complete this form online at: www.carersuk.org/carersrightsday