



Information About The Maslach Burnout Inventory

Recognized for more than a decade as the leading measure of burnout, the MBI incorporates the extensive research that has been conducted in the 15 years since its initial publication. This updated edition comprises three separate surveys, each focusing on a distinct work population. Each survey takes only 10 – 15 min to complete and is hand-scorable.

MBI – Human Services Survey, measures burnout as it manifests itself in staff members in human services institutions and health care occupations such as nursing, social work, psychology and ministry.

MBI – Educators Survey, assesses three aspects of educator burnout. This includes burnout for teachers, aids and administrators.

MBI – General Survey, measures burnout in workers in non-social service settings or settings that do not require direct service relationship contact, such as corporations and government agencies. This version of the MBI is ideal for civil servant, computer/technical, management and clerical career fields.

MBI Manual 3rd Edition, presents the developmental research and psychometric data for all three surveys of the MBI, along with a review of the recent research on burnout and suggestions for future research.

The MBI addresses three general scales:

Emotional Exhaustion – feelings of being emotionally overextended and exhausted by one's work.

Depersonalization – an unfeeling and impersonal response toward recipients of one's service, care treatment or instruction.

Personal Accomplishment – feelings of competence and successful achievement in one's work.