



## School of Nursing and Midwifery

# Bio-physical Health Surveillance for People with Learning Disabilities

2NMH0147

### Summary

- Semester A:
  - October 8<sup>th</sup> & 9<sup>th</sup>
  - November 5<sup>th</sup> & 6<sup>th</sup> and
  - December 3<sup>rd</sup> & 4<sup>th</sup> 2007
- Delivered between 9am and 4pm
- Location: University of Hertfordshire, College Lane Campus, Hatfield, Herts. AL10 9AB
- 15 credits at Level 2

### The aim of the module

- Explore contemporary evidence concerning common health vulnerabilities in relation to people with learning disabilities.
- Understand the role of health surveillance and health facilitation within the wider care and health policy context.
- Review and further develop underlying physiological knowledge within the monitoring of bio-physical health states.

### Specific entry criteria:

- Normally, registration with a UK health care regulatory body.
- Working in an environment supporting people who have learning disabilities and/or mental health needs.



*Photograph by courtesy and with permission of Barnet People's Choice*

### Learning activities

This module is designed to reinforce and extend the knowledge, competence and confidence of participants in their skills of monitoring the health needs of service users. **The module has been delivered successfully to both Learning Disability and Mental Health professionals.**

The module consists of 6 study days incorporating 4 skills-based 'health-check' work-shops each dedicated to considering a biological system and the associated health monitoring needs of people who have learning disabilities. To consolidate your learning, we ask you to complete a practice-based account of a service-user health check undertaken and an 'at a glance' guide relating to a selected health issue.

A 'blended approach' is taken in the delivery of this module, which means that besides face-to-face contact in the class-room and in skills laboratories, learning materials (e.g. lecture notes, web links to relevant articles, self assessment quizzes and pod casts) will be available on **StudyNet**, the University's virtual learning environment.





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### Using the Module in Relation to the Skills for Health Agenda

The module contributes to professional development and supports the overall core dimensions of the NHS Knowledge & Skills Framework (KSF).

### Module Content mapped to the specific NHS KSF Dimensions:

Key themes	KSF Dimensions
<ul style="list-style-type: none"> <li>• Health vulnerabilities and learning disabilities – the evidence base</li> </ul>	HWB1
<ul style="list-style-type: none"> <li>• Equality and inequality in health – a discriminating Health Service?</li> </ul>	HWB4
<ul style="list-style-type: none"> <li>• The concept of health facilitation</li> </ul>	HWB1
<ul style="list-style-type: none"> <li>• Health promotion and education strategies</li> </ul>	HWB1
<ul style="list-style-type: none"> <li>• Health action plans and person centred planning</li> </ul>	HWB4
<ul style="list-style-type: none"> <li>• Making health choices – legal and ethical issues</li> </ul>	HWB1
<ul style="list-style-type: none"> <li>• Service user involvement</li> </ul>	HWB1
<ul style="list-style-type: none"> <li>• Health surveillance and bio-physical basis of health checks</li> </ul>	HWB1
<ul style="list-style-type: none"> <li>• Health information – interpreting the findings and recognising potential implications</li> </ul>	HWB2/6 HWB6/IK3

### Example reading for the module:

Riddle, J.T.E (1985) *Anatomy & Physiology Applied to Nursing* (Sixth Edition). Churchill Livingstone

Thompson, J & Pickering, S (2001) *Meeting the Health Needs of People Who Have A Learning Disability – The Public Health Agenda*. Balliere Tindall.

### For further information about this module please contact:

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Email: D.P.Weinrabe@herts.ac.uk

### To apply:

**On line applications** are available via [www.herts.ac.uk](http://www.herts.ac.uk) (you will be classed as 'part-time undergraduate' on the options list).

The **Programme Code** is HHCLN and the **Module Code** is 2NMH0147

**Paper applications** are also available from:  
Carol Taylor, Post-qualification Admissions  
Tel: 01707 285984  
Email: C.R.Taylor@herts.ac.uk

Nicola Bruce, Post-qualification Admissions  
Tel: 01707 284956  
Email: N.M.Bruce@herts.ac.uk

### Applications to be received by: Friday, 17<sup>th</sup> August 2007

### Cost:

**Home Fee Status - £375.00 for 6 full study days**

### Overseas Status – please enquire for tuition fees

(If you have any doubts in regard to your tuition fee status, please contact Student Registry on 01707 284018)

