

# **Training**

## **About Building Bridges Training**

We are an independent social enterprise which makes a difference to people's lives through delivering training, demonstrating how everyone can contribute towards providing better support and improved services and true inclusion for all.

#### What we offer

We provide training on a variety of topics that are important to people with learning disabilities using a range of training methods including telling our personal stories and experiences, Power- Point presentations, interactive activities, group work, quizzes and games.

We train people with learning disabilities, people in mainstream services, and staff and managers who are working alongside people with learning disabilities. We can train any number of people - our university classes have 80 students! However, the smaller the group, the more that people can be involved. Our training for professionals includes Social Enterprise workshops, Community Connecting, Person Centred Approaches and Right Support for People from the BME Community. A full list is available on our website.

Our peer training for people with a learning disability includes courses on Managing My Money - about household expenses, Learn Something New! – about personal development, Being Safe in your Community, Living Healthily and an Equal Citizen course. We can deliver accredited training through the Open College Network (OCN).

As well as training, we do research projects, consultancy, facilitation, and user-led monitoring and evaluations.

### Who are the trainers?

Training is led by a small team including people with a learning disability; all have extensive experience in the issues they deliver training on.

See the attached dates for our forthcoming training events or we can give you a personalised quote to deliver half-day and full-day sessions tailored for your organisation at your own venue. Contact us to discuss your requirements.

Making a difference to people's lives through delivering training



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### **Building Bridges Training 2013 events**

Monday 25th March 2013	Making information and communication easier to understand for people with a learning disability
Monday 15th April 2013	Making a difference for parents with a learning disability
Monday 20th May 2013	Support for people with learning disabilities with loss and bereavement
Monday 17th July 2013	Social Enterprise Workshop - working with people with a learning disability to develop a social enterprise
Other events are on the way:	Keep and eye on our website or email Ann admin@building-bridges-training.org for more information.

#### All in the Faraday Room at Austin Court, Brindley Place, Central Birmingham.



For more information or for course bookings please contact:

admin@building-bridges-training.org

www.building-bridges-training.org

Tel and Fax 0121 559 9197

Building Bridges Training Community Interest Company 6916509