

Did you come to the event last year?

Yes No

Have you done more arts because you came to the event last year?

Yes No

Would you like to find out more about Mencap?

Yes No

Please send this form with a cheque for £3 made out to Mencap to



Caroline Jones
Mencap
PO BOX 45288
London SE10 1AZ

When we get your booking form we will send you a map and more details.

The event will be held at

Laban
Creekside, Deptford
London SE8 3DZ

How to get there

It is 10 minutes' walk from Cutty Sark DLR station (best route), 5 minutes' walk from Deptford station or 15 minutes' walk from Greenwich train station.

It is 10 minutes' drive from the Blackwall tunnel.

Bus numbers 47, 53, 89, 177, 188, 225 and 453 stop near Laban.

On the day

We are not able to provide any 1 to 1 support on the day.

Photographs and video will be taken on the day. If you do not want your picture used please tell the photographer on the day and tick here

If you have any questions please call **Caroline Jones** on **07810 183 552** or email **caroline.jones@mencap.org.uk**

Serious About Art

A one-day arts event for everyone with a learning disability.
Cost £3 – supporters free.



Sunday 23 January 2011
10am - 3.30pm
Laban, Deptford, London SE8 3DZ

In association with



What will happen on the day



10am to 10.30am **Registration**

Come to tell us that you are taking part.



10.30am to 11am **Opening show**

A famous person will do a talk.



11am to 3pm **Try something new**

You can try different things.



3pm to 3.30pm **Closing show**

You can show everyone what you have been doing.

It costs £3 to take part. Carers and supporters can come with you for free.

What you can do



Dance

Learn a dance.



Music

Try playing a musical instrument.



Drama and dance

Learn movement and drama with Spare Tyre.



Sing and sign with Makaton

Learn to sing and sign a popular song.



Acting

Try acting with the National Youth Theatre.



Comedy mime

Try silent acting like Charlie Chaplin.



Art

Try painting and drawing or sculpture.



Stage make-up

Learn how to put on stage make-up.

If you would like to come to the Serious About Art event, please fill in this form. Then put it in the post with a cheque for £3.

Name

Age

Address

Phone number

Email address

Choose up to 3 things you would like to try:

Dance

Comedy mime

Music

Art

Drama and dance

Art for people with PMLD

Sing and sign with Makaton

Stage make-up

Acting

Please turn over