



Gloucestershire

Name:

Date of Birth: DD /MM /YYYY

NHS Number:

MRN/ICS Number:

(or affix hospital label here)

Prevention of Venous Thromboembolism by Administration of Fragmin

Problem	The patient has been prescribed Fragmin due to	
Goals	<ul style="list-style-type: none"> To teach patient / carer to administer own Fragmin Injection <input type="checkbox"/> To administer Fragmin <input type="checkbox"/> 	
Actions ▼	Action (s) taken	Review Date/Time
Consent and Communication	<p>Ensure patient and relatives / carers are involved in the formulation of the care and treatment plan. <input type="checkbox"/></p> <p>Provide written information (Pfizer Patient Information leaflets) supported by verbal information as required. <input type="checkbox"/></p> <p>Involve relatives / carers / friends in all aspects of the planned care and review as appropriate. <input type="checkbox"/></p> <p>Gain consent for planned interventions, and then check understanding and provide further information as required prior to undertaking interventions. <input type="checkbox"/></p>	
Ongoing Care	<p>Ensure a valid prescription chart has been completed.</p> <p>Duration of prescribed treatment is days, finishing on / / 20</p> <p>Full blood required on day 7 of treatment. Date of day 7 is / / 20</p> <p>FBC requested <input type="checkbox"/> FBC taken <input type="checkbox"/> Result reviewed by GP <input type="checkbox"/></p> <p>Review by medical staff <input type="checkbox"/></p> <p>Check allergy status.</p> <p>If nurses are administering;</p> <ul style="list-style-type: none"> Ensure adrenaline is accessible. Wear plastic apron and non sterile gloves for the procedure. Record administration on prescription chart, and document any other information. <p>The following section applies to both nurse or patient administration</p> <p>Wash hands, and assemble items required for injection administration.</p> <p>Prepare patient, maintaining privacy and dignity. Ensure site for injection (usually abdomen or outer aspect of thigh) is socially clean. If not wash with soap and water.</p> <p>Establish site of last injection (site rotation reduces risks of pain and infection)</p> <p>Clean injection site for 30 seconds with an alcohol swab, and allow to air dry for 30 seconds.</p> <p>Remove syringe from packaging and remove the grey rubber needle sheath. Do NOT expel the air bubble.</p> <p>Pinch the skin between thumb and fore finger into a fold, and insert needle at an angle of 90 degrees.</p> <p>Inject the drug slowly, keeping the fold of skin pinched up during administration.</p> <p>Release the fold of skin, and withdraw needle. Apply pressure to injection site, but do not rub.</p> <p>Dispose of sharps into sharps bin, and wash hands.</p>	

Signature:	Print Name:
State Designation:	Date Care Plan Commenced:

