

## Advanced Decision Making

### What every family carer should know about planning ahead

**Monday 9<sup>th</sup> March - Friends House** (nearest tube Euston)

**Monday 23<sup>rd</sup> March - NCVO building** (nearest tube Kings Cross).

- Do you worry about what will happen to the person you care for when you are no longer around?
- Has a member of your family received a diagnosis which may result in them losing their ability to make their own decisions in the future?
- Find out how to plan ahead before it's too late.

**FREE event for Family Carers, FREE lunch, Your own individual action plan.**

Programme includes:

- When should people start planning? Receiving a diagnosis, when families start thinking/worrying about what is going to happen to them/their children when they get older (Oi Mei - NFCN)
- What is mental capacity? Why is it important? The Mental Capacity Act - The 5 principles Scenarios from real situations. Making Decisions - (Dr Paul Swift - NFCN Associate)
- Workshop 1 - Legal structures (Alex Rook - Irwin Mitchell Solicitors)
  - Wills and trusts
  - Lasting power of attorney - finances, welfare
  - Advanced directives/living wills - What the MCA says about rules that you must follow when making an advance decision for it to be valid and applicable.
- Workshop 2 -
  - Circles of Support - How we can ensure that person-centred-planning continues (Peter Crane, Family Carer)

The event runs 10am - 3pm. Spaces are limited, so please book asap.

Complete the following booking form and return to us by email: [info@familycarers.org.uk](mailto:info@familycarers.org.uk), or by post: NFCN, Gaddum House, 6 Great Jackson Street, Manchester, M15 4AX

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