

Active Support Conferences

Friday 11th April 2008, 9.30am – 3.30pm

Unit 27, Ddole Road Industrial Estate, Ddole Road,
Llandrindod Wells, Powys LD1 6DF

and

Friday 25th April 2008, 9.30am – 3.30pm

WCVA, Morfa Hall, Bath Street, Rhyl, Denbighshire LL18 3EB

ARC Cymru is in year 2 of a 3 year Project offering
FREE Training and continuing Support in Active Support.



What is Active Support?

Active Support is a proven model which supports people with learning difficulties to plan the best use of their time with the correct level of support to participate or engage in all activities that make up day to day living.

- Active Support is an evidence based set of primary procedures that have been specifically designed for supporting people with severe disabilities and behaviour that challenges.
- It is a set of proactive strategies to improve the quality of a person's environment so that the possibility of challenging behaviour occurring is avoided or reduced.
- Active Support works well with people with learning disabilities, physical and sensory impairment and for people who do not have behaviour that challenges.
- Active Support improves the quality of life of service users by showing support staff how to work in a more proactive way.

Hear about the theory and practice of Active Support from different perspectives:

- **From the point of view of learning disability service providers** – how is Active Support working for their organisation? Why do they see Active Support as the most effective system of support for people with severe/profound disabilities? What is the 'added value' for an organisation adopting Active Support? What is the alternative?
- **From the point of view of an Active Support Trainer** – how have organisations rethought their approaches to supporting people with learning disabilities after attending Active Support Training? How can an Active Support trainer work with the positive and negative responses of support staff?
- **From the point of view of a Support Worker** – what is it like using Active Support in day-to-day practice? How does Active Support work so staff are less challenged by people's behaviour? What activities have developed after incorporating Active Support into daily routine?

The Conferences are FREE, with lunch included, but places are limited so please book early. Please book asap by email to arc.cymru@arcuk.org.uk. Alternatively, you can book online at www.arcuk.org.uk/wales/999093/en/active+support+conference.html.

Further information available on the ARC website or contact Christine Harcombe, Active Support Coordinator (tel. 07701 099861 or email active.support@arcuk.org.uk).

