



Announcing the Seven Friday Series:

Communication and Supporting Skills Workshops for Parents of Children and Adults with Disabilities

January 13th, 20th, 27th, 2006
February 3rd, 10th, 11th, 24th 2006

10.30 am to 12.30 pm

At the National Institute for the Study of Learning Difficulties, Trinity College, Dublin
4th Floor, 3 College Green, Dublin 2. Ph: 01 608 3885 Fax: 01 677 9131

Refreshments 10 am

This Series of Workshop will describe the reactions and feelings that parents of disabled children and adults report they experienced when they were first told that their child had a disability. Opportunities will be provided for participants to share their experiences.

The Communication Skills of Listening and Assertion will be taught as a means of providing mutual support to those attending the workshop. Participants will learn how to support other parents and family members. The facilitation of self care will be explored as a means of maintaining personal strength for family members in a variety of challenging situations.

The workshops aim to provide parents with the skills to more ably manage the issues that family members of children and adults with disability encounter.

Facilitators

Ray Murray and Frieda Finlay

Ray has facilitated this type of workshop on a regular basis in Auckland, New Zealand as well as training parents and professionals to work as partners in delivering similar workshops in Queensland, Australia.

Frieda is a parent, a Rights Campaigner and a member of the respective boards of NAMHI and Stewarts Hospital. Frieda supports the work of the NISLD as a member of its Education and Research Committee.

Fee

€30.00 (Inclusive of all Seven Friday Sessions)

See booking form overleaf...



BOOKING FORM

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Trinity College, Dublin
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Name:	
Address:	
Organization/Affiliation (if applicable):	
Contact phone number:	
Email:	
Please complete this form and enclose cheque for €30.00	
Payable to: National Institute for the Study of Learning Difficulties	
Post to:	NISLD 4th Floor 3 College Green Trinity College Dublin Dublin 2

For any queries contact Executive Officer: Ailish Kennedy

Phone: 01 608 3885 Fax: 01 677 9131

nisld@tcd.ie

Booking details are also available on: www.tcd.ie/NISLD/events/