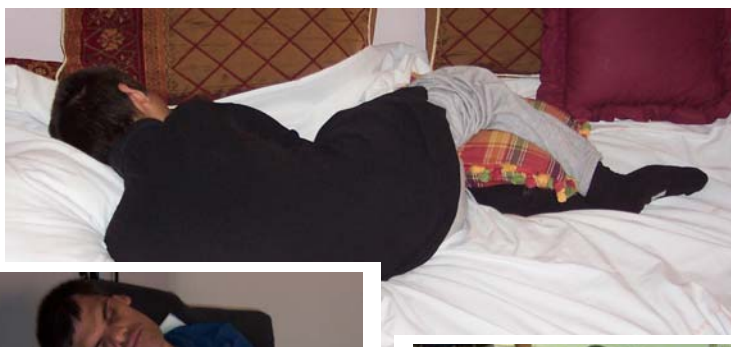
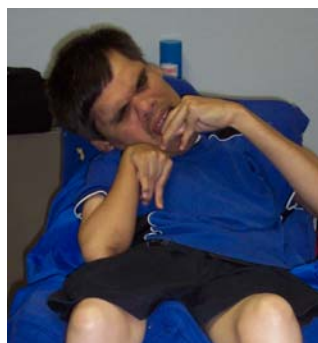


Tommy's Story



Tommy was 40 years old when he began using night time positioning. He slept in the position on the left which translated into his seated position too.

His internal organs were compromised, he was in a great deal of pain and he would often bite his fingers or make himself sick. He was very unhappy at this stage.



Over two years, Tommy's chest was gently de-rotated. His body was gradually re-aligned and he was made much more comfortable. He is no longer in pain after eating and he is doing very well.



Tommy's Story

Commissioning Implications and Health Impacts

- **Tommy before night time positioning and implications for care**
- Pain – complex painkillers
- Reflux – medication
- Vomiting – potential for PEG feeding
- Behavioural problems caused by pain – large staff teams
- Reduced internal capacity leading to:
- Reduced lung function
- Potential surgery for scoliosis – costs and emotional trauma

- **Tommy after night time positioning**
- Pain reduction
- More comfortable
- Increased internal capacity
- Improved digestion
- Improved lung function
- Diminished reflux
- Straighter, more symmetrical body

- **Cost/Benefit (approximates using internet searches)**
- Reflux medication – £354 p/a without complications
- Potential PEG feeding, including on going feeds – £22,000 p/a
- Decreased staff input for behaviour - £18,000 per staff member
- Reduced need for spinal surgery – Upwards of £20,000 plus no emotional trauma caused by surgery