
Good Life Plan



I wish



I need more help with



I can get better at:

ME:

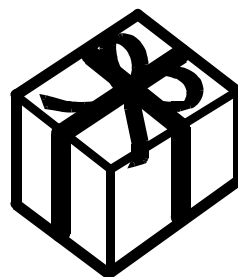
Step 1



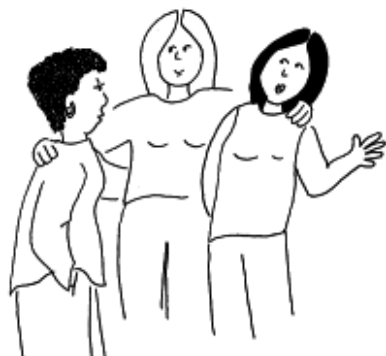
My wishes



Loads of money



Presents



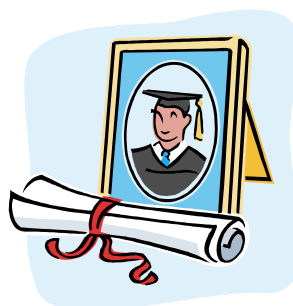
More friends



A good job



Holidays



Success

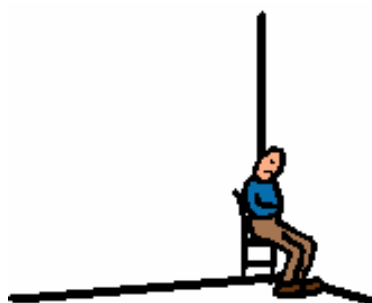
Step 2

Good things and bad things



Good thing

Getting to places in
the community



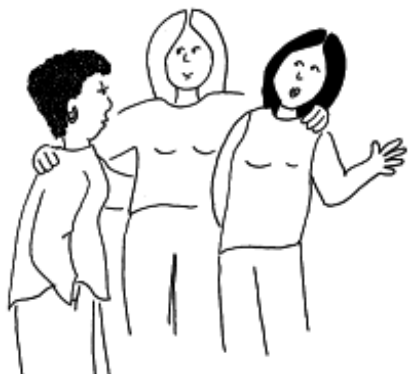
Bad thing

Being kept apart
from the community



I wish

More good things and bad things



Good thing

People I like



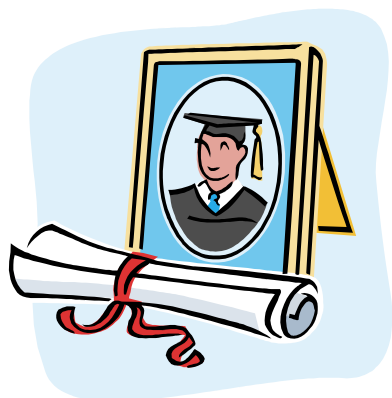
Bad thing

Being lonely



I wish

More good things and bad things



Good thing

People thinking good things about me



Bad thing

People thinking I'm no good



I wish

More good things and bad things



Good thing

Saying yes I like or no I don't like



Bad thing

Being bossed around or being told what to do and what not to do



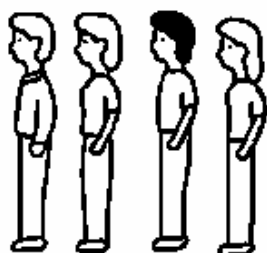
I wish

More good things and bad things



Good thing

Enjoying being myself



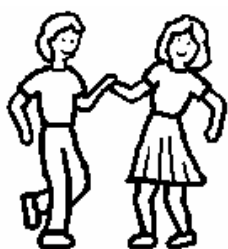
Bad thing

Having to be like
everyone else



I wish

More good things and bad things



Good thing

Taking part in activities



Bad thing

Being bored



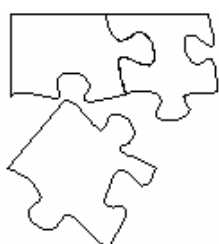
I wish

More good things and bad things



Good thing

Keeping things I like
and trying new things



Bad thing

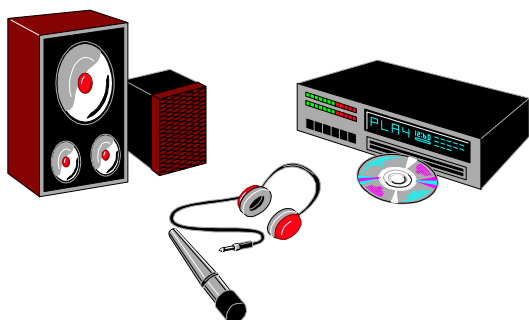
Doing the same old things
all the time or things being
changed too quickly



I wish

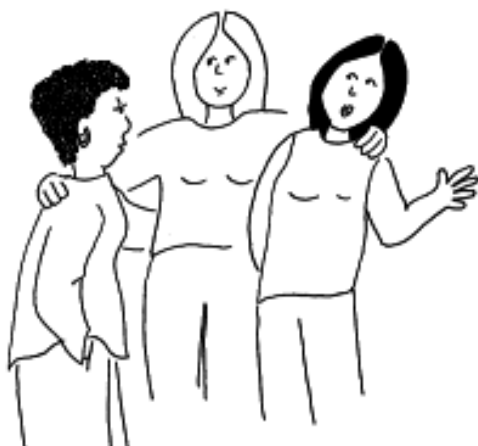
Step 3

Parts of my life



Leisure

Work



Friends

Household chores

Relationships within the community and people I like



I wish



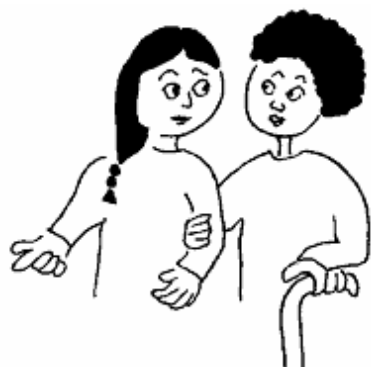
I need more help with

I can get better at:

Dealing with money and shopping



I wish



I need more help with

I can get better at:

Getting to ordinary places in the community



I wish



I need more help with

I can get better at:

Leisure and adult education



I wish



I need more help with

I can get better at:

Work



I wish



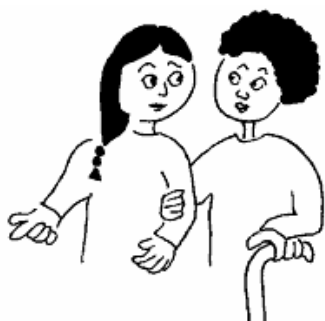
I need more help with

I can get better at:

Where I live and household chores



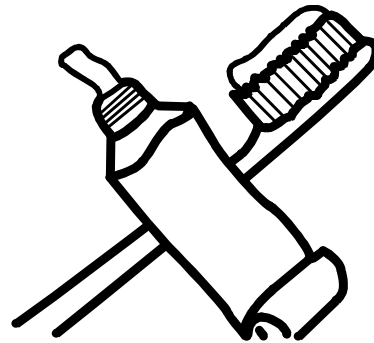
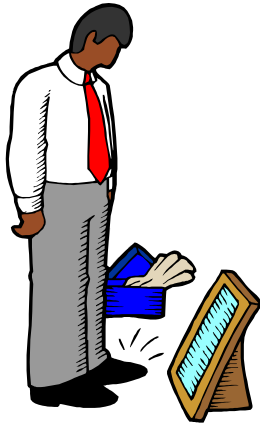
I wish



I need more help with

I can get better at:

Health, appearance and looking after myself










I wish



I need more help with

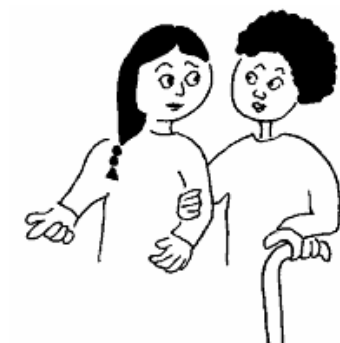
I can get better at:

Day time support

Monday		Friday	
Tuesday		Saturday	
Wednesday		Sunday	
Thursday		My weekly calendar	



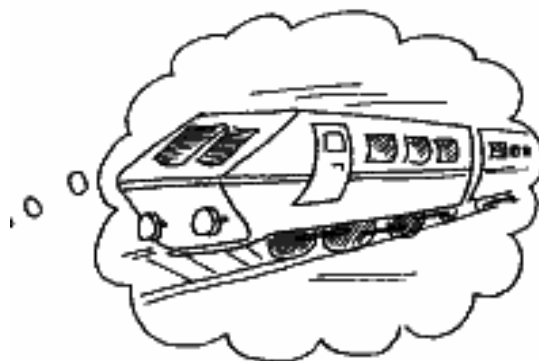
I wish



I need more help with

I can get better at:

Short breaks



I wish



I need more help with

I can get better at:

Communication and feelings



I wish



I need more help with

I can get better at:

Needs of people who support me



I wish



I need more help with

I can get better at: