

## Booking form

Send your completed booking form to:  
**Will Nicklin, BILD, Campion House,  
Green Street, Kidderminster, Worcestershire  
DY10 1JL • Tel: 01562 723010 • Fax: 01562  
723029 • E-mail: [learning@bild.org.uk](mailto:learning@bild.org.uk)**

Title (Mr/Mrs/Ms/Dr/Prof)

First name

Surname

Organisation

Address (for correspondence)

Postcode

Tel no

Fax no

Delegate e-mail

Additional needs (including dietary/access/communication)

**Please debit my credit card**

Mastercard  Switch  Visa  Eurocard  Delta

Card no

Security no    (Last 3 digits on back of card)

Expiry date     Issue no   (Switch only)

**I enclose a cheque made payable to BILD**

**Please invoice**

Please include invoice address if different from above

**How did you hear about the event?**

direct mail  word of mouth  website

other

**Can we use your details to send you other information on BILD events and services?**

yes  no

Event: Undateable? Not me!

## Coming soon!

A new mobile phone 'App' from BILD that will help Support Workers talk through the issues and answer questions about relationships and



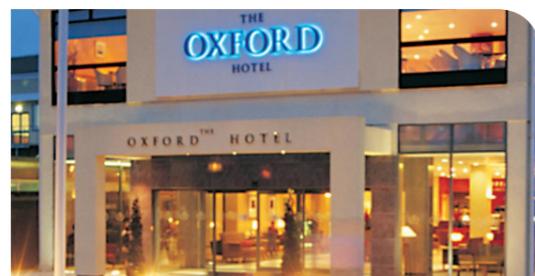
about sex with those they support. When a picture is worth a thousand words – this will help!

Check out the BILD website for availability: [www.bild.org.uk](http://www.bild.org.uk)



This event has been CPD Certified. Attendance will allow you to gain CPD points towards your Continuous Professional Development requirements.

### The venue The Oxford Hotel



Godstow Road, Oxford, Oxfordshire,  
OX2 8AL

Tel: 01865 489988

[www.pumahotels.co.uk/hotels/  
central-england/barcelo-oxford-hotel](http://www.pumahotels.co.uk/hotels/central-england/barcelo-oxford-hotel)

The hotel is near Oxford city centre (just 2 miles), and sits just off the A34 and A40, and minutes from the M40. With great transport links into Oxford.

[www.bild.org.uk/events](http://www.bild.org.uk/events)

**bild**

all about people

Friday 22 March, Oxford

# Undateable? Not me!

A day of people's stories and practical advice about relationships, dating, and marriage; about sex and your right to choose what you want to do, and about keeping healthy and staying safe too.



Book online at [www.bild.org.uk/events](http://www.bild.org.uk/events)

# Undateable? Not me!

Friendships and relationships can be exciting and fun with always the potential for love and romance. However, there is also the risk of being let down and hurt when things don't work out. If you have learning disabilities or autism, your opportunities to make friends or have a loving relationship may be limited.

This event will celebrate friendships and relationships and help talk about things that can be awkward and difficult such as sex and sexuality. You will want to be there if you want to make your own choices about your life and who you spend your time with. If you are a family carer or supporter, the day will help you answer difficult questions on personal issues. It's an event for organisations too, as people with learning disabilities and autism want the kind of support that helps them make their own choices and decisions about all aspects of their lives and that can be difficult to support and facilitate.

Lots of speakers, lots of workshops, lots of talking and we hope lots of laughing!

## Keynote speakers



### Undateable? Not me! Kate Brackley

A real romantic, when not working at BILD, Kate writes poems or watches the sloppiest films. Appearing on the Undateables was a whirlwind experience, "I'm so happy with the way things have turned out", says Kate.



### My choice – me and my partner The Mingle Group

Mingle is where people with learning disabilities who are lesbian, gay or transgendered can meet up with people like themselves and feel truly safe and truly valued.



### Being married – our story Angela and Mathew Priest, Building Bridges

Angela and Matthew have been married for six years, share their flat with Jeff the dog and a cat called Molly and like to do what other couples do, see family, go to church and spend time together watching TV. They are also part of an inclusive research group, Building Bridges.

## Programme

9.45 Coffee and registration

10.00 **Welcome and why today is important**

10.15 **Undateable? Not me!**  
Kate Brackley

**10.30** Learning café session 1

11.30 Tea and coffee

**12.00** Learning café session 2

1.00 Lunch

1.45 **My choice – me and my partner**  
The Mingle Group, Oxford

**2.00** Learning café session 3

3.00 **Being married – our story**  
Angela and Mathew Priest, Building Bridges

3.15 **What will we do next?**

3.45 Finish

## The Learning Cafés

Three sessions at 10.30, 12.00 and 2.00. Most cafés are repeated through the day but do check.

**A** **What do you say after hello?**  
Meeting, dating and relationships. A chance to find out how to meet and date potential friends or partners safely.  
**Mates n Dates** 10.30 12.00 2.00

**B** **Ready for sex – from talking to doing**  
Thinking about moving from friendship to having a sexual relationship – what are the issues including awareness of safe sex and personal safety.  
**Juliana Slobodian, FPA Associate** 10.30 12.00 2.00

**C** **Who decides? Rights, consent and the capacity to consent**  
An opportunity to think through the legal and practical implications of consent in relation to sexual relationships.  
**Gill Leno, Queen Alexandra College, Birmingham, Keith Smith, BILD** 10.30 12.00 2.00

**D** **Mate crime – friend or fake?**  
Mate crime is where people with learning disabilities are taken advantage of by people who pretend to be their friend. We will look at how and why this happens, and what we can do about it. PLUS! Hate and mate crime online are becoming more common. We will look at how to keep safe when using social media and websites such as Facebook.  
**ARC Safety Net project** 10.30 12.00 2.00

**E** **So what about having babies?**  
Sharing the experiences of parents with learning disabilities and the support that is needed but often not available.  
**Samantha English, Building Bridges** 10.30 12.00

**F** **Keeping healthy**  
Addressing sexual health issues including personal hygiene, contraception, sexually transmitted infections, health screening.  
**Grapevine Coventry and Warwickshire** 10.30 12.00 2.00

**G** **My choice – me and my partner**  
Members of the Oxfordshire Mingle Group for people with learning disabilities who are gay or transgendered want to meet you and talk about the story of their group and why it matters so much to them.  
**The Mingle Group, Oxford** 2.00

## Delegate Fees

Book online at [www.bild.org.uk](http://www.bild.org.uk) or please photocopy and complete one form for each place.

Please fill in all sections fully and in BLOCK CAPITALS to enable your form to be processed.

**BILD membership no:**

If you wish to claim members discount please quote your membership number. If you do not know it or wish to become a member please contact 01562 723010.

	Total
<b>Members</b> £75.00 + VAT	£
<b>Non members</b> £99.00 + VAT	£
<b>Person with a learning disability and supporter</b> £50.00 + VAT	£
<b>Person with a learning disability</b> £25.00 + VAT	£
<b>Grand total plus VAT*</b>	£

\*VAT charged at rate applicable at time of booking

### Terms and Conditions

Price includes lunch and refreshments throughout the day and a comprehensive delegate pack.

### Discount for group bookings

Discounts for group bookings, please contact us for details.

### Cancellations

Cancellations must be made in writing and the following charges will apply:

1 month prior	£25.00
1 month - 1 week prior	Half fee
1 week or less	Full fee

The cancellation charge will be enforced but we are happy to accept substitute delegates.

**NB** If you require an overnight stay please contact us and we can provide details of local hotels.

*At the time of going to press, this programme was deemed to be correct. However, we reserve the right to alter or cancel any part of the programme due to unforeseen circumstances.*