## **Training for Carers with Learning Disabilities**



Skills for Care are keen to support unpaid carers



The Carers with Learning Disabilities Network (supported by Mencap) have been given some money to find out what training would be helpful to carers with learning disabilities



We are running 2 workshops in London, where lunch will be provided:

15 February 2013 – London Bridge, 11am - 2.45pm 18 March 2013 – London Bridge



The workshops are for carers with learning disabilities. The first will find out what training would be helpful, and the second will try out the training ideas. After we have done this we will tell other carers with learning disabilities about the training.



The training will give the carers a chance to share their experiences, learn from others, develop new skills and help other carers with learning disabilities. Hopefully, it will also be fun!



Please let us know if you can come . we need:

- Your name
- Who you care for (e.g. mum, dad, brother, sister, partner)
- If you are able to attend both meetings
- If you have a supporter to help you at the workshops



Please let us know by **Monday 4 February**We will let you know if you have a place by **Wednesday 6 February** 

There are only 15 places at each workshop so we will have to chose who comes



To apply, contact **Lucy Virgo** at <a href="mailto:lucy.virgo@mencap.org.uk">lucy.virgo@mencap.org.uk</a> Or via phone on **07796 948 733** 

If you cand come but would like to hear more about the training please do contact Lucy at the details above

**Please note**, if you would like to attend the workshops but may have difficulties in paying for travel please do contact Lucy. We have a limited hardship travel fund that may be able to help.