



Nottinghamshire
County Council

Nottinghamshire Disability Sport Conference

2nd - 6th April 2007



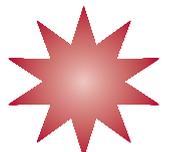
Introduction

Nottinghamshire County Council is a Beacon Authority for Culture and Sport for Hard to Reach Groups. As such we would like to share our knowledge and expertise with other local authorities, sports organisations and coaches in a unique conference experience. The 2007 Nottinghamshire Disability Sport Conference will provide an opportunity for people working in sport to gain qualifications, attend training workshops and best practice seminars and gain experience through observing and coaching disability sport. The conference experience is unique as it will run parallel to the School of Sport.



2006-2007
Culture and Sport for
Hard to Reach Groups

Closing Date



Friday 2 March 2007

Introduction cont'd

The School of Sport is a residential sports week for around 80 young disabled people. Participants will experience high quality coaching, festival/competitive experience, the chance to try new activities and to develop in independence and life skills through the experience of a residential event.

Previously we have incorporated conferences within sport residentials with huge success, with coaches gaining knowledge and confidence through workshops and by practically working with disabled people, both in a coaching environment and through social activities. A previous conference delegate stated: *'I have learned more this week than I would have in ten years'*.

This conference promises to be like no other event you have experienced - **it is truly unique**. The participants grow and develop as people as well as athletes, and we hope that this will apply to conference delegates too.

When & where

From Monday 2 April through to Friday 6 April at the University of Nottingham (Sherwood Hall). Sports activities and some courses take place at local sports venues, transport is provided between venues.



Programme

The conference is varied and interesting to enable delegates to develop in knowledge, confidence and experience. Some aspects may be subject to change. 2 weeks prior to the conference you will receive an individual programme related to your choices.

Further details of each aspect of the programme is available following the timetable.

Monday 2nd April

2.00pm-3.00pm	Arrival & Check in
3.00pm	Welcome & introduction
3.10pm	Keynote by Richard Whitehead
3.30pm-6.00pm	Choice available Disability Awareness Through Sport OR Understanding Disability Sport & Classification
6.30pm	Evening meal with the School of Sport participants
8.00pm	Social activities with athletes - Karaoke

Tuesday 3rd April

8.00am	Breakfast
9.30am-12.00pm	Choice available Inclusive Multi Skill and FUNdamentals OR Providing opportunities for athletes with a learning disability
1.00pm-3.00pm	Choice available. See it in Action OR Inclusive Club Example
4.00pm-6.00pm	Choice available. Developing Sport for Disabled People - How! OR Understanding Challenging Behaviour
6.30pm	Evening meal with the School of Sport participants
8.00pm	Social activities with athletes - Quiz Night

8.00am	Breakfast
9.30am-4.30pm	Sportsability OR
9.30am-2.30pm	Practical coaching experience in 1 of 5 sports followed by
1.00pm-5.00pm	Boccia Leaders Award
5.30pm-6.30pm	Supporting freetime activities
6.30pm	Evening meal with the athletes
8.00pm	Social with the athletes-Music in Motion

8.00am	Breakfast
9.30am-	4.30pm Goalball Leaders Award OR a choice of options throughout the day:
9.30am-12.30pm	Practical coaching experience in 1 of 5 sports OR
10.00am-12.00pm	Deaf Awareness in Sport
1.00pm-4.00pm	Experience in Competition OR
1.30pm-3.00pm	Talent Development in Disability Sport followed by
3.30pm-4.30pm	It's Important to Listen
5.00pm-6.00pm	Action Planning and Reflection
6.30pm	Evening meal with the athletes
8.00pm	Social with the athletes- Presentation Evening and Fancy Dress Disco

Friday 6th April

8.00am	Breakfast
9.00am-10.00am	Departure

Programme Content - Further information on workshops, courses, experience and seminars.

Monday 2nd April

Disability Awareness Through Sport

Delivered by Rebecca Black, Principal Officer, Sport & Disability (Nottinghamshire County Council).

We recommend this workshop to anyone who hasn't attended the conference before or for individuals who currently have little experience in working with disabled people. The workshop will ensure all delegates have up to date disability awareness at the start of the conference. This will cover barriers to participations, definitions of disability, the Disability Discrimination Act, language, communication, an insight into sport for disabled people, facility access, and inclusion strategies and principles.

Understanding Disability Sport and Classification

Delivered by Phil Peat, Sports Development Officer for Disabled People (Nottinghamshire County Council).

Sport itself can be confusing, but disability sport can be even more so. Phil will give delegates a clear picture of disability sport structures and a simple but effective explanation of classification.

Tuesday 3rd April

Inclusive Multi Skill and FUNdamentals

Delivered by Martin Tilling and Gordon Fearn, Multi Skill Coaches (Play Sport) and Richard Whitehead, Disability Sport Performance Pathway Coach (Nottinghamshire County Council).

FUNdamentals is the new big thing for coaching and developing athletes, but what about disabled people. This practical workshop will look at how multi skill provision can be adapted and utilised for young disabled people.

Providing opportunities for people with a learning disability

Delivered by Nick Parr (MENCAP Sport) and Andy Heffer (Special Olympics Great Britain).

This workshop aims to be informative and confidence building, enabling delegates to have greater awareness and strategies for working with people with learning disabilities as well as knowledge of sports structures and opportunities available.

See it in Action

This is a chance for delegates to observe and possibly have a go at wheelchair basketball.

Inclusive Club Example

Delivered by Lesley Whitehead (West Bridgford Tennis Club).

West Bridgford Tennis Club is a great example of how a mainstream club has worked to become inclusive of disabled people. The seminar will be based at the club and will enable delegates to learn about the process and successes the club have been through to become inclusive.

Developing Sport for Disabled People - How!

Delivered by Rebecca Black, Principal Officer, Sport & Disability (Nottinghamshire County Council)

This 2 hour workshop will help sports development professionals know how to get started in developing sport for disabled people. It can often be a daunting prospect, but this workshop will give delegates the enthusiasm and confidence to get things started.

Understanding Challenging Behaviour

Delivered by Carol Halpin, Inside Out Project Officer (Nottinghamshire County Council).

Understand why challenging behaviour occurs and how our conduct can make a difference. Increase your knowledge and understanding of how some young people learn. Enhance coaching strategies that can be included in group situations safely and calmly.

Wednesday 4th April

Sportsability

Delivered by Rebecca Black Principal Officer, Sport & Disability (Nottinghamshire County Council).

Sportsability is a Youth Sport Trust programme which aims to bring sport to the lives of ALL young people. This practical course will enable delegates to introduce Sportsability games and activities into their provision. These include boccia, goalball, table top games, tee ball, floor lacrosse and zone hockey. **A great practical introduction.**

Practical coaching in 1 of 5 sports.

The School of Sport participants will be training in 1 of 5 sports and you have the opportunity to go along with them, observe or get stuck in supporting our coaches. You have the choice of wheelchair rugby & football, boccia, swimming, athletics or badminton.

Boccia Leaders Award

Delivered by Dan Snape, Tutor for CP Sport.

Boccia is a Paralympic sport similar to French Boules. This practical course will enable delegates to coach the sport.

Thursday 5th April

Goalball Leaders Award

Delivered by Tony Reddish, Inclusive Sports Development Officer; Goalball (English Federation of Disability Sport).

Another Paralympic sport for people with a visual impairment. This practical course will enable delegates to coach the sport.

Practical coaching in 1 of 5 sports.

The School of Sport participants will be training in 1 of 5 sports and you have the opportunity to go along with them, observe or get stuck in supporting our coaches. You have the choice of wheelchair rugby and football, boccia, swimming, athletics or adminton.

Deaf Awareness in Sport

Delivered by Stuart Harrison (UK Deaf Sport).

This workshop will provide delegates with the awareness and confidence to work with and develop opportunities for people with a hearing impairment.

Experience in Competition

The final afternoon of the School of Sport sees the participants taking part in one of 4 different festivals/competitions. Delegates will have the opportunity to support one of these events if they choose this option. Sports include Tennis, Wheelchair Basketball, Cricket or Football.

Talent Development in Disability Sport

Delivered by Rebecca Black Principal Officer, Sport & Disability and Richard Whitehead, Disability Sport Performance Pathway Coach (Nottinghamshire County Council).

How do we improve structures to enable young disabled people to enter the player pathway successfully and ensure the ongoing development of potentially talented individuals? It's the million dollar question with some answers provided within this workshop.

It's Important to Listen

Delivered by Rebecca Black Principal Officer, Sport & Disability (Nottinghamshire County Council).

Before we start developing sport or setting up new projects for disabled people it is important to listen, consult and do your research. This short workshop will explore the importance and practicalities of this crucial element

Action Planning, Reflection and Evaluation

Delivered by Rebecca Black, Principal Officer, Sport & Disability (Nottinghamshire County Council)

Nearing the end of the conference, this is a time for everyone to reflect on what you have learned and how you can put it into practise. Time will be given to cover anything that has come up during the conference that needs further training or discussion as well as time to create personal action plans.

Costs and Payment

Payment:

The Coaches Conference costs £275 per person and includes all seminars, courses, workshops, resource materials, food, accommodation and entertainment.

Cheques made payable to Nottinghamshire County Council.

How to book

Please complete the booking form in as much detail as possible and return it with

**a current copy of your CRB Disclosure AND
payment or official order**

to Vareena Amos, Nottinghamshire County Council Sports Service, Thoroton Road, West Bridgford, Nottingham, NG2 5FT.

If you have any enquiries regarding the programme please contact Rebecca Black

**Tel: 0115 977 2882 or
email: rebecca.black@nottscc.gov.uk**

Places are limited and cannot be guaranteed, as they will be reserved on a first come first serve basis.

Cancellations

A refund will **not** be given if delegates cancel within 2 weeks of the Conference or an **invoice will be raised** if payment has not been received.

This is because The Sports Disability Unit has to pay for the facilities/accommodation in advance.

Closing date: Friday 2 March 2007

Application Form - Please complete and return to:
 Vareena Amos, The Sports Disability Unit, Nottinghamshire County Council,
 Communities, County Office, Thoroton Road, West Bridgford, Nottingham NG2 5FT
 by Friday 2nd March 2007

**Section A:
 Delegate details**

name	
address	
telephone number	
email	
date of birth (if under 18)	

Yes	No
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Do you have an impairment?	<input type="checkbox"/>	<input type="checkbox"/>
If so please state any access requirements we can support you with e.g. accessible room, accessible information:		
Please list any allergies:		

Emergency contact (someone we can contact during the weekend in case of emergency)

name	
telephone number	

**Section B:
 Your employer**
 (full address required for invoicing purposes)

organisation	
address	
current role	

Section C. Your background

Please tick yes or no box for each question and give more detail where required.

	Yes	No
Do you currently work with or provide opportunities for disabled people?		
If so please detail:		
Have you in your voluntary time or in a previous role had experience or developed opportunities for disabled people?		
If so please detail		
What do you want to gain from this conference?		

Section D: your choices

Choice 1: Monday 2nd April

Workshop - Disability Awareness through Sport
or
Understanding Disability Sport & Classification

Choice 2: Tuesday 3rd April 9.30am-12 noon

Inclusive Multi Skill & FUNdamentals
or
Providing Opportunities for Athletes with a Learning Disability

Choice 3: Tuesday 3rd April 1pm-3pm

See it in Action
or
Inclusive Club Example

Choice 4: Tuesday 3rd April 4pm-6pm

Developing Sport for Disabled People - How?
or
Understanding Challenging Behaviour

Choice 4: Wed 4th April 9.30am-4.00pm or

Sportsability
or

9.30am-12.30pm
1.00pm-5.00pm

Practical Coaching Experience in 1 of 5 sports followed by Boccia Leaders Award

Choice 5 Thursday 5th
April 9.30am-4.30pm

Goalball Leaders Award
or
a range of options throughout the day

9.30am-12.30pm

Practical Coaching Experience in 1 of 5 sports
or

10am-12 noon

Deaf Awareness in Sport
followed by

1.00pm-4.00pm

Experience in Competition
or

1.30pm-3.30pm
3.30pm-4.30pm

Talent Development in Disability Sport
and
It's Important to Listen

**Section D:
permission and
data protection**

We may take photographs and video footage of participants during the Conference with a view to possibly using in future promotional material. If you have any concerns regarding this, please contact the Sports Disability Unit.

Please sign if you give permission

Signed _____

In accordance with the Data Protection Act 1989, the information declared within this form will be held by Nottinghamshire County Council and used to supply relevant information to you. **Please sign if you agree**

Signed _____ Date _____

enclosed:

copy of CRB Disclosure

cheque or official order