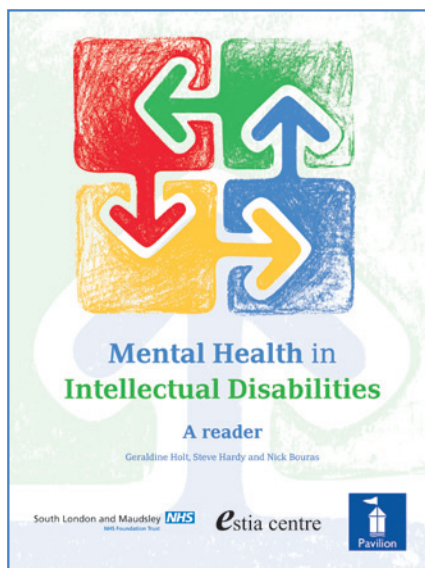


Mental Health in Intellectual Disabilities

A reader



Edited by Nick Bouras, Steve Hardy
and Geraldine Holt



The chapters of this reader provide background knowledge for facilitators using *Mental Health in Learning Disabilities: A training resource*. This vital handbook can also be used independently to provide fundamental knowledge on mental health problems in people with intellectual disabilities.

Format: handbook (approx 200pp)

This new and revised edition provides up-to-date information on mental health problems in people with intellectual disabilities and associated issues.

In recent years there have been many changes in the field of mental health and to services for people with learning disabilities. The Mental Capacity Act (2005) came into full operation in 2007 and it is vital that everyone who supports people with intellectual disabilities has an understanding of it and how it affects their everyday practice. The Mental Health Act (1983) was revised in 2007 and in 2008 the Deprivation of Liberty Safeguards were introduced. There has also been emerging research of the effectiveness of psychosocial interventions for people with intellectual disabilities.

With this in mind, this fourth edition of the reader has been completely revised. Two chapters are dedicated to the new legal and policy frameworks that are now in place and include information on the Care Programme Approach (1990), the revised Mental Health Act (2007) and the Mental Capacity Act (2005). New topics include:

- Mood, anxiety and eating disorders
- Personality disorders and substance misuse
- Neuropsychiatric disorders and epilepsy
- Staff support and training
- Consent to treatment
- The use of the Mental Health Act 1983 (amended 2007) with people who have intellectual disabilities or autism.

The contributors are from multidisciplinary backgrounds and include psychiatrists, psychologists, social workers, family therapists, nurses and trainers. They are all experts in delivering mental health services to people with intellectual disabilities and have an interest in staff training

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