

# Improving Access to Psychological Therapies (IAPT) for People with Learning Disabilities

## FREE NATIONAL CONFERENCE

### Launch of the IAPT Professional Practice Guide for People with Learning Disabilities

This conference will launch the professional practice guide for IAPT clinicians working with people with learning disabilities. It will offer an opportunity for participants to learn more about good practice based on the evidence from local services that took part in the three year Department of Health funded project developed by the Foundation for People with Learning Disabilities, in partnership with Kings College, London and Cumbria Partnership NHS Foundation.

It has been estimated that up to 40% of people with learning disabilities experience mental health difficulties and despite their vulnerability, they are often unable to get support from appropriate IAPT services. The 'No Health without Mental Health' strategy aims for inclusivity of mainstream services for people with learning disabilities and autism; this conference will address how IAPT services can support people with learning disabilities to get the most out of the service from the findings of our project that brought together IAPT Teams and Community Learning Disabilities Teams.

This interactive conference aims to:

- Launch the IAPT Professional Practice Guide for People with Learning Disabilities
- Develop an understanding of how psychological therapy services can be tailored to best meet the needs of people with learning disabilities (reasonable adjustments).
- Disseminate learning from practitioners who took part in the project's demonstration sites



Peter Cronin,  
Expert by experience:

'My counsellor has helped me to cope with my anxiety and get on with my life.'

This conference is primarily for IAPT professionals but we also welcome participants from Community Learning Disabilities Teams and Commissioners.

With expert speakers:

- Professor Dave Dagnan – Cumbria NHS UK
- Kevin Jarman – National IAPT Deputy Director
- Dr Deborah Chinn – King's College London
- Noelle Blackman and June Patterson – Respond
- Dr Eddie Chaplin and Peter Cronin – Institute of Psychiatry
- Christine Burke and Jill Davies – Foundation for People with Learning Disabilities

To book a place, please complete the booking form and send it to Aurore Lacabe at: [alacabe@learningdisabilities.org.uk](mailto:alacabe@learningdisabilities.org.uk) or **Mental Health Foundation, Colechurch House, 1st Floor, 1 London Bridge Walk, London, SE1 2SX** by 1st September 2015.