

About Gastric Band and Weight Loss



- Gastric bands Help people who weigh too much
- Loosing weight helps people to be healthier

What is a Gastric Band

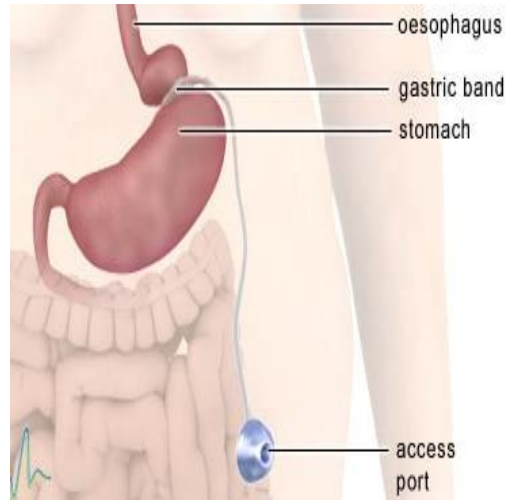


- What does a gastric band look like?

It is a piece of plastic that looks like a ring or bracelet .

- Where do they put the gastric band?

the doctor puts the band around the top of your stomach

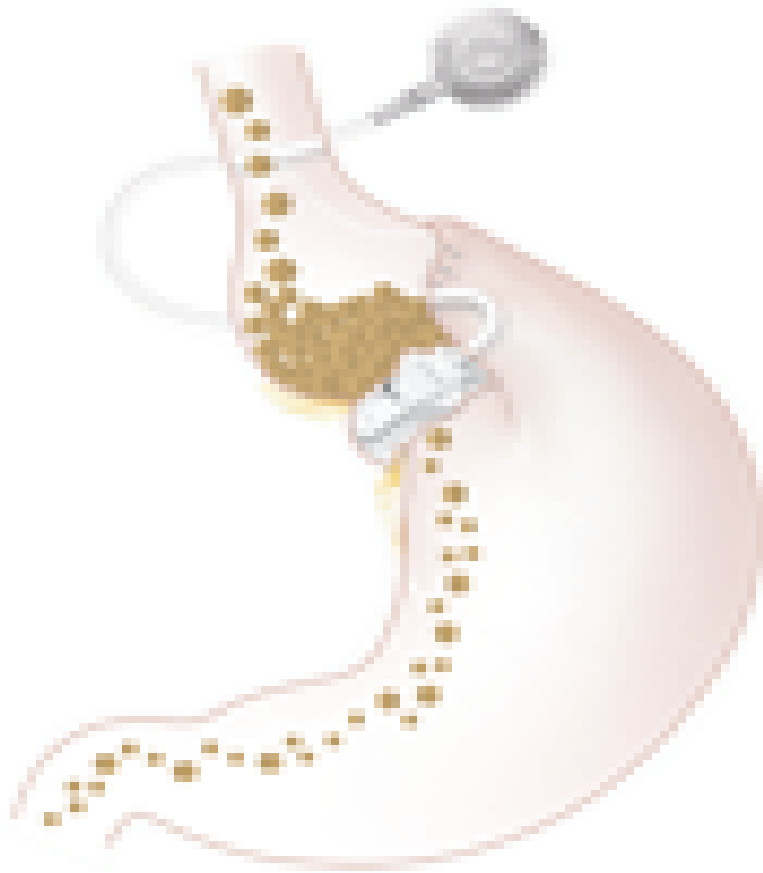


Explanation of how the Gastric Band work .



- The doctor will use small instruments to put the band around the top part of your stomach.
- [Gastric Band Surgery](#) makes the stomach into an 'hour-glass' shape.

Explanation of how the Gastric Band work .



- The new, small, upper stomach pouch become smaller to a size of a golf ball
- The larger part of the stomach is below the gastric band.
- As the new, smaller, upper part of the stomach quickly fills with food, the sensation of being full is achieved sooner and provides the signal to stop eating.
- The ‘flow’ of the small portion eaten through to the lower part of the stomach is controlled by the Gastric Band, helping you to feel fuller for longer.

Getting ready for your Gastric Band operation



- To have the **gastric band** fitted, you will need to go into hospital for an operation.



- You will probably need to stay for the night in the hospital

Getting ready for your Gastric band operation



- You will NOT be able to eat or drink before your operation

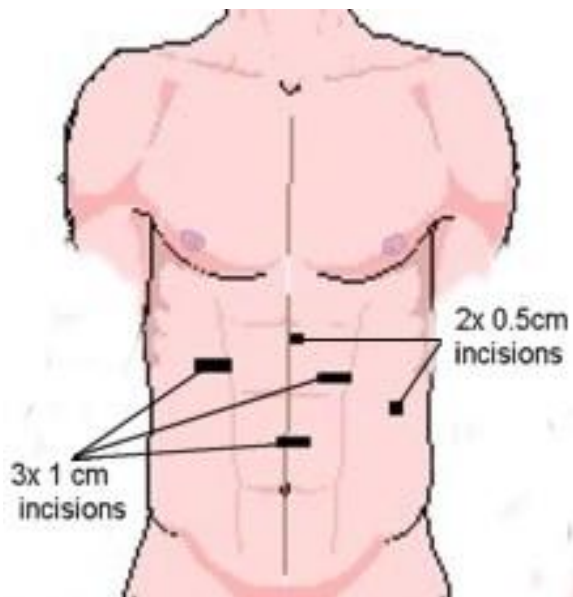
What will happen when I have my operation?



- you will be given a general anaesthetic
- This will make you go to sleep during the operation
- The operation may take 30 minutes to one hour.



What happens during my operation



- The doctor will make 4 or 5 small cuts on your stomach
- After the operation, you will have some stitches to close the cuts.

After my Gastric Band Operation

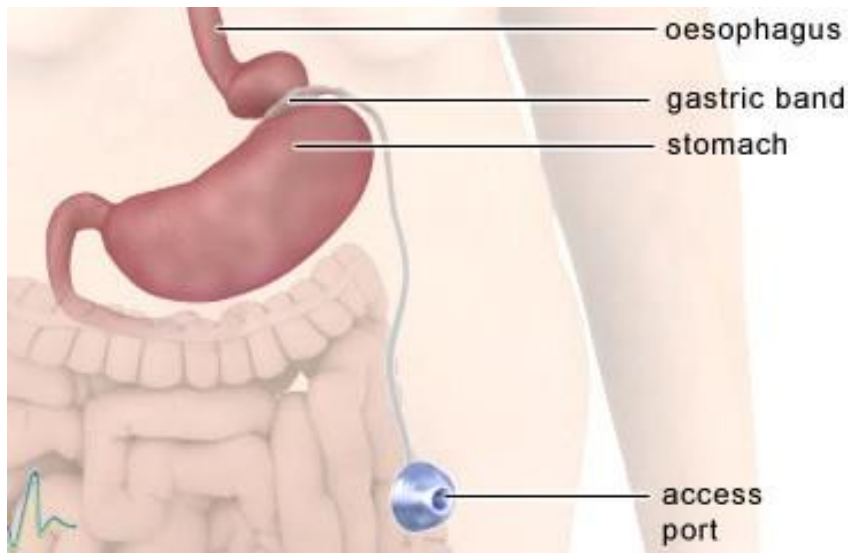


- You will need to take some tablets for pain.



- You might go home when you feel better.

Taking care of my Gastric band



- You will need to go back to the hospital a few times to see the doctor
- The doctor will make sure the gastric band is in the right position by injecting fluid through the **access port**.