



## Partners Graduates say...

"I am still raving about Partners to everyone..."

"It's been a busy year and a steep learning curve, but I wouldn't change a thing about it."

"I made lots of great friends and allies, got my family relationships back on track, and the future looks so much brighter – thank you!!"

"Each month I began to look forward to the next session – it was really worth the effort."

"I learned if you want to change the system, you have to find out how to work with it."

"The Partners course has changed our family life, to a family with hope and a future for all of us. Thank you Partners"



For an application form or for more details, please contact either:



Jane Myers

11 Leyfield

Takeley

Essex CM22 6RS



01279 871978 (Textphone)



Mob: 07960 368146



Jo Hough

128 Stortford Hall Park

Bishop's Stortford

Herts. CM23 5AP



01279 833492



Mob: 07976 644068



Email:

[info@inclusionpartnership.org.uk](mailto:info@inclusionpartnership.org.uk)

# Partners in Policymaking™ (Eastern Region)



**A way to make a difference...**

**A leadership development  
course for disabled adults  
(self-advocates) and parents  
of disabled children up to  
school leaving age**

*Partners in Policymaking (Eastern Region)  
is organised and presented by  
the Inclusion Partnership.*



## What is the course about?

By the end of the course, you

will know about:

**History** – how disability has been seen through the ages; the growth of the parent and self-advocacy movements.

**Education** – the importance of inclusion and quality, effective inclusion strategies.

**Whole life planning** – how to get the right support at every stage.

**Supported Living** – how to get support for independent lifestyles.

**Employment** – real jobs and lifelong learning for all, with the right support.

**Assistive Technology** – how technology can help with mobility, communication, etc.

**Policy development** – how laws are made and how to have your say locally, regionally and nationally.

**Advocacy** – how to build a movement and make changes to improve lives.



## I'm interested, but is this the right course for me?

If you are someone who thinks that life should be better for disabled adults and children, and you want to improve the way things are but don't know where to start, keep reading....



## Tell me more...

Participants meet for two days per month, for 8 months. Course sessions are held at a hotel/conference centre, from 10.00am on Friday until 4.00pm on Saturday, everyone stays at the hotel overnight. The training, hotel room and all meals are FREE. You must be able to attend all 8 sessions. There are homework assignments to complete, which help you to put your new knowledge and skills into practice. The course is firmly based within the values of inclusion and disability equality. Reasonable expenses for travel and a contribution to care costs are available to anyone who needs them provided that you arrange this with us before the course starts.



## So who pays?

Funding for Partners in Policymaking is provided by contributions from local authorities across the Eastern Region.



## Who will teach me?

We bring lots of excellent speakers to the region including internationally recognised experts, disabled people and parents from other parts of the UK; also local practitioners, managers and politicians take part.



## What will I get out of it?

You will receive up-to-date information at every session. This builds up into a complete toolkit containing articles from journals, books, tapes, CDs, etc. These tools along with many others will help you plan a more positive and achievable future for yourself and your family. You will also get the confidence, skills and contacts you need to advocate for equality and social inclusion for all.