Having a blood test.

Hull and East Yorkshire Hospitals NHS
NHS Trust

Humber Mental Health NHS
Teaching NHS Trust

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Your blood can tell us if anything is wrong.

The person who takes your blood may be **a nurse**, **a doctor** or **someone who is trained to take blood**.

Your doctor fills in a blood test form.

Blood will usually be taken from your arm.

This is what we will use to take your blood.

Your arm may hurt a little. We can use a special cream that can help.

Can we take your blood please?

Please could you roll up your sleeve.

What is the problem? Talk to your blood taker.

The blood taker will wear gloves.

The blood taker will put a band around your arm.

The blood taker will touch your arm and look for a vein.

The blood taker will clean your skin. This may feel cold.